

2008 CALIFORNIA TRACK & FIELD

CALIFORNIA TRACK & FIELD FACTS

Name	University of California
Location	Berkeley, Calif.
Founded	1868
Enrollment	34,953
Nickname	Golden Bears
Colors	Blue & Gold
Chancellor	Robert Birgeneau
Athletic Director	Sandy Barbour
Senior Associate Athletic Director (Sport Supervisor)	Foti Mellis
Home Facility	Edwards Stadium (22,000)
Men's 2007 Pac-10/MPSF Finishes	9th/6th
Women's 2007 Pac-10/MPSF Finishes	8th/3rd
Men's Letterwinners Returning/Lost	26/12
Men's Newcomers	31
Women's Letterwinners Returning/Lost	28/8
Women's Newcomers	17

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MEDIA CREDENTIALS

Please direct all requests/questions for media credentials to Tim Miguel in the media relations office. Requests should be made in writing by sports editors/directors on appropriate letterhead at least one week prior to the meet. Please fax (510-643-7778) or email the requests to tmiguel@berkeley.edu.

INTERVIEWS/PRESS INFORMATION

A pre-game press release and complete set of results will be made available to members of the media covering Cal home track and field meets. These will also be available online at www.CalBears.com. All athlete and coach interviews, either in person or by telephone, must be coordinated through the Media Relations office with a minimum of one day's notice. Please call Tim Miguel at 510-326-9761 for more information.

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CREDITS

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2008 SEASON OUTLOOK



Alysia Johnson

GOLDEN BEARS ON THE VERGE OF GREATNESS IN 2008

After a memorable season that included two NCAA champions, two Pac-10 champions, 10 All-Americans and multiple high team rankings, the California track and field team looks for more success in 2008. Among the numerous coaching changes during the offseason, **Tony Sandoval**, the longtime assistant coach for the Golden Bears, begins his first year as Cal's Interim Director of Track and Field after taking the reins last August. He looks forward to what could be a tremendous year for Cal.

"It is an honor and privilege to coach at Cal and to assume a new leadership role," Sandoval said. "There have been some great athletes and coaches who have preceded me, and I would like to be able to continue that tradition. We had a great year last year. Indoors, we had both teams ranked in the Top 20. We'd like to be able to do that again and even surpass what we achieved last season."

The women wrapped up their 2007 season with a program-best eighth-place finish at the NCAA championships. They also ended indoors with a ranking of No. 15, while the men tied for 19th.

The 2007 squad will be armed with some superstar talent. Without question the returning athlete with the most accolades is senior **Alysia Johnson**, the multiple national champion and five-time All-American. Some other notable returners are All-American seniors **Ed Wright** and **David Torrence**, who broke Cal's almost-50-year-old mile record last year.



MEN'S TRACK

SPRINTS, HURDLES, RELAYS

Returning senior **Thomas Mack** and juniors **Jordan Paul** and **Jake Hanson** will lead Cal in the sprints and hurdles. Last season at the NCAA championships, Mack just missed advancing to the finals in the 110-meter hurdles after running a time of 13.90 and taking 14th place in the preliminaries, and later in the semifinal, he ran a lifetime-best 13.74, but placed 11th.

Mack serves as an example of first-year assistant coach **Mike Gipson's** goals for the 2008 season. Mack is one of numerous Cal runners who had tremendous seasons in 2007, but just missed getting over the hump and contending for a national title.

"My number one goal is to take as many runners as possible from both the men and the women to an NCAA championship level," Gipson said. "With Thomas Mack, I want him to finish higher as an overall goal, and take him from a probable Mountain Pacific, Pac-10, regional bronze medalist to a gold-medal status."

Paul and Hanson each made a name for themselves last season for the Bears. Paul ran lifetime bests in the 60, 110 and 400-meter hurdles last year. Hanson made his presence felt at the Big Meet last year, clocking in a lifetime-best 21.68 in the 200 to take second and ran the second leg of the victorious 4x100-meter relay that posted a season-best 41.34.

"Everything centers around Thomas, Jordan and Jake as the veterans of the group and as leaders on the team," Gipson said. "We are building upon their success and near success in the past and taking them to a national level now."

Nick Porter and **Tojsh Kennedy** are two newcomers that Gipson is excited about. Porter ran a 10.56 in the 100 meters in high school, which according to Gipson, puts him in the middle area in the Pac-10. Gipson also added that the training Porter is currently going through on the track and in the weight room is making him even better heading into the season. Kennedy is also taking his skills to the next level in the weight room and on the track. Gipson said he is still a student of the sport, but he thinks Kennedy will have an incredible year in the 400.

Ed Wright



David Torrence

MIDDLE DISTANCE AND DISTANCE

David Torrence, who broke **Don Bowden's** almost-50-year old mile record last year at the California Collegiate Challenge, will guide the Bears' distance runners in 2008. Torrence also earned All-America honors during indoors last year as part of the distance medley relay.

"He is very versatile, one of our better 5000 runners, and he was also someone who placed in Pac-10s in the 800," Sandoval said. "You have to start with David if you're talking about the men's distance runners."

Cal's other distance runners include junior **Mark Matusak**, who competed in the NCAA West Regional in the 1500 as a sophomore and as a freshman. He is joined by sophomore **Michael Coe**, who also qualified for the NCAA West Regional in the 1500 last year, finishing first among Cal runners in the regional final.

Junior **Francis Gadayan** is another strong returner this season. He posted the Bears' best score of 2007 in the 800 last year when he PRed at the NCAA West Regional (1:49.78). Gadayan also earned All-America honors during indoors as part of the distance medley relay that Torrence competed on. Sandoval is expecting great things from Gadayan this year in the 800. Sophomore **Yosef Ghebray** is another member of the cross country team hoping to carry his success from this fall into the spring season. Ghebray, who specializes

in the 5000, is the younger brother of former Cal runner **Giliat Ghebray** and Sandoval is confident that Yosef will fill the void of losing Giliat. Also helping fill that void will be freshman **Kari Karlsson**, who has experience running the 10,000 meters.

One area Cal will find difficulty in upgrading is the steeplechase with the loss of **Kevin Davis**, now a volunteer assistant coach with the Bears, who graduated last year. Junior **Matt Miller** and sophomore **Steve Sodaro** will try to pick up where Davis left off. Last year, Miller and Sodaro both PRed in that event at the Pac-10 championships.

Adding depth will be seniors **Chris Chavez**, **Andres Perezchica**, **Eric Lee** and junior **Sean Carey**. In addition, Sandoval will also look to his newcomers, **Austin Jett**, **Joey Thomas** and **Nick Palladino**, to make an immediate impact.

"Jett placed the last two years in the California state mile with a career-best 4:11," Sandoval said. "He'll start with the 1500. He's someone waiting in the wings and definitely someone who will be a valuable performer for us."

VERTICAL AND HORIZONTAL JUMPS

Arguably one of the best high jumpers in the nation, All-American **Ed Wright**, returns for more glory in 2008. The senior claimed a Pac-10 and the NCAA West Regional crown last season. Wright earned the All-America honor after his sixth-place finish last year, and Cal associate director **Ed Miller** feels he has a legitimate chance of claiming a national title this year.

"He's very focused and committed to the high jump and doing well in the NCAAs," Miller said. "He's one of three or four athletes who have a shot at the NCAA title this year. There are some outstanding people out there, and I believe Ed is one of them."

Besides the accomplishment of an NCAA championship, Wright has his sights set on the record books, as well. He hopes to surpass his old high school coach, **Jeff Rogers**, on the Bears' all-time list for the high jump. Rogers, who was coached by Miller while a student-athlete at Cal, currently sits atop the Bears' leaderboard in the event with a mark of 7-5.75. Wright posted his lifetime-best mark of 7-3.25 at the NCAA West Regional last season, which tied him for seventh on the Bears' all-time chart.

Working with the Cal men's and women's pole vaulters this season is second-year assistant coach and former UCLA star **Scott Slover**.

Senior **Donny Appanaitis** will lead the pole vaulters in 2008. Appanaitis posted

Cal's second-best marks as a sophomore and a freshman.

One athlete Slover will get to work with is sophomore **Ryan Shuler**. He recorded a regional-qualifying mark of 17-0.75 at the UCSD Triton Invitational. Shuler, who became the first high school freshman to win the California state championship in 2003, was ranked No. 2 in California in the outdoor pole vault as a senior at Granite Bay High School.

Freshman **Cameron Kroll** comes to Berkeley with a long list of accolades. Kroll, a two-time state champion in the pole vault, recorded the six best vaults in Nevada prep history with the record set at 17-0.

Senior **Steven Conrad**, a decathlete, led the Bears in the long jump in 2007. At the California Collegiate Challenge, Conrad jumped 23-6. Redshirt freshman **Kyle Mills-Bunje** will also be expected to turn in some strong performances in 2008.

THROWS

Cal boasts plenty of experience in the throws with senior **Craig Kent**, junior **Martin Maric**, a transfer from Georgia, and sophomore **Ryan Young**.

Maric, a 2006 All-American in the discus and the javelin, represented Croatia in the javelin and the discus at the World University Games last summer. In the discus, he took eighth with his mark of 56.32. Ed Miller claims the addition of Maric is one of the biggest during the offseason. Maric's specialty is the discus, but he will also compete in the javelin and shot put.

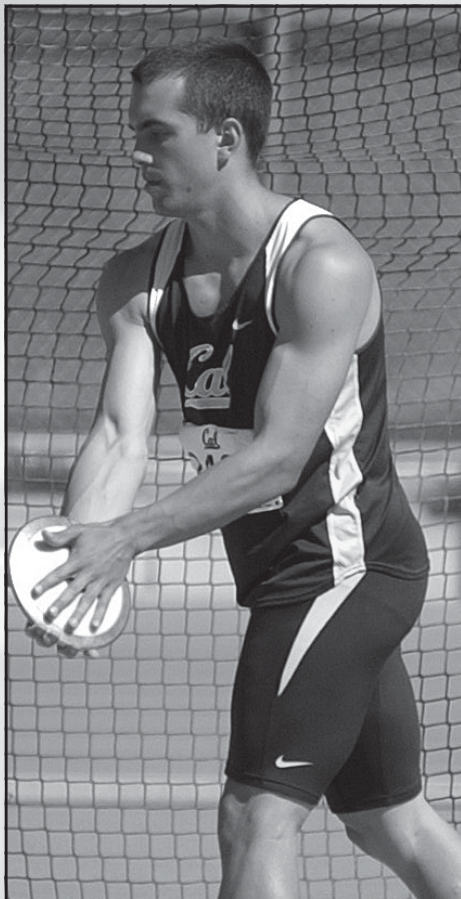
"He's one of the premier guys in the country right now in the discus," Miller said. "He will be very competitive."

Young looks to make a big impact this season after being slowed down by injuries and redshirting a year ago. Miller is confident that Young will have a successful return with how well his training has been going thus far. Young will primarily compete in the javelin.

Kent has also been battling some injuries, specifically with his knees, but he is healthy now and ready for a strong finale as a Bear.

"He's had some knee problems, so he hasn't been able to squat for awhile," Miller said. "But now he's squatting and cleaning, doing a lot more leg work and right now, he'll be our No. 1 shot putter. I expect he'll be competitive in Pac-10s and indoors."

Cal lost **Kurt Seefeld**, one of the Bears' top athletes in the discus in 2007, to graduation, but with the addition of Maric to the team, the Croatian should be able to fill the void. Along with Kent and Young, Cal should be strong on the men's side in the throws in 2008.



Steven Conrad

DECATHLON

Conrad returns in 2008, providing the veteran leadership in the event, while Kyle Mills-Bunje is expected to make an immediate impact after recovering from an injury that forced him to redshirt the 2007 season. The two should give Cal a formidable duo in the multi-events. Conrad posted a lifetime-best 7,245 points in the decathlon at the NCAA championships, with his best finishes coming in the 100 and 400-meter dashes, taking third in each event. Mills-Bunje, the long jump and pole vault specialist from Menlo Park, Calif., should make his presence felt in 2008. As a senior at Saint Francis High School, he took third in the long jump at the CIF championships and, as a junior, was second in the pole vault at the CCS championships.

"Steve has a little more experience, and potentially can take his experience and compete at a higher level, and I think Kyle has made great progress," said Miller. "We're looking for NCAA points out of both of them."



WOMEN'S TRACK

SPRINTS, HURDLES, RELAYS

Like the men's sprinters, the women's sprinters will also be led by a trio of veterans, senior **Brooke Turner** and juniors **Kandi Bonty** and **Evelyn Smith**. There's a good chance these runners will also make up Cal's relay teams, which had a very successful 2007 campaign.

Turner and Bonty are members of Cal's 4x400-meter relay that finished in 18th place (3:36.10) at the NCAA championships; the time ranked the quartet third on Cal's all-time list.

Gipson's goals are the same for the women sprinters as they are for the men - he wants to see them strive for higher goals and contend for national championships.

Besides her success on the relay teams, Bonty also posted Cal's second-fastest time last season in the 200, with a lifetime-best 24.31 in a preliminary heat at the Pac-10 championships, at which she took eighth in the final.

Smith posted a lifetime best and regional-qualifying 1:00.40 in the prelim of the 400-meter hurdles at Pac-10s, and later took eighth in a regional-qualifying 1:00.56 in the final. She also ran a lifetime-best 56.74 in the 400-meter dash at the Brutus Hamilton Invitational to take second.

"They are all working harder, not just from my view, but it comes out of their mouths too," Gipson said. "They are working harder than they have ever worked, and some of them feel that they are in the best shape of their lives. They are excited about this upcoming season because they know their hard work could lead to big results."

Also back in 2008 is sophomore **Kimyon Broom**, who Gipson considers the leader of the 100-meter hurdle group. Broom notched Cal's fastest 100-meter hurdle time of the year with a regional-qualifying 13.77 to take fifth at the California Collegiate Challenge last year.

"Kimyon spent the offseason correcting and strengthening back problems that limited her early season training, but is now at full force and eager to improve her times and places from a year ago," Gipson said.

According to Gipson, Broom is improving every practice and has her sights set on competing in the national outdoor championships.

One of the incoming runners that Gipson is really excited about is **Cherrelle Garrett**. Gipson said she's one of the top female high school sprinters in the country. With the training she's had over the past year, Garrett should be in store for a huge freshman season.

"She is a student of the sport," Gipson said. "Things that she didn't know in high school about the 100-meter dash, she is absorbing quickly like a sponge. She is picking it up very fast and, again, she is excited to get this year going."

MIDDLE DISTANCE AND DISTANCE

Without question the leader of the Cal women's middle-distance runners is senior **Alysia Johnson**, the Bears' five-time All-American who won the national title in the 800 at both the NCAA Indoor and NCAA Outdoor Championships last year. Johnson's outdoor NCAA title was a school-record and lifetime-best time of 1:59.29.

"That season alone would be a career for most people, but she has aspirations to surpass that," Sandoval said. "If all goes well, she'll do a repeat performance at a higher level than she did last year. Right now she is the poster athlete of our program, but there are other very good runners, not at her level, but that deserve some attention and accolades as well. Alysia is in a great position; she has the Olympic 'A' standard."

Sandoval will also look to seniors **Rebecca Yau**, **Pippa Macdonald** and junior **Mackenzie Pierce** to provide more veteran leadership. Yau will specialize in the 5000 and the 10,000, as she looks for a strong final season at Cal. Pierce set a new personal best in the 800 at the Payton Jordan Cardinal Invitational (2:04.78) and had the team's best 1500-meter time of the campaign when she PRed at the Brutus Hamilton Invitational (4:27.88) last season.

The Bears have added some exciting newcomers who could find their way in the Cal record books, two of whom are freshmen **Chelsea Reilly** and **Taylor Bryson**, who both ran cross country last fall. Reilly is a versatile runner who can compete in both the 800 and the 1500.

"Chelsea ran very well during the cross country season and could end up one of the top milers in Cal history," Sandoval said. "She and Mackenzie will fight it out to see who the best 1500-meter runner is."

Rounding out the Bears' distance runners are sophomores **Alison Greggor**, **Gabriela Rios-Sotelo** and **Rowena Tam**.

"Rowena had a very encouraging freshman year, learning the steeplechase in one year and ran pretty well early on," Sandoval said. "Based upon her cross country effort, and some of the work she's done, I think she's going to be a good steeplechaser for us."

VERTICAL AND HORIZONTAL JUMPS

The Bears should be formidable opponents with jumps in 2008 with returning athletes including former junior national champion **Cassandra Strickland**, 2007 All-American **Inika McPherson** and sophomore transfer **Kristen Meister**.

"McPherson's training has been going very well," Miller said. "She's at that level where she could be definitely vying for top three at the NCAA level, indoors and outdoors. Her talent level is very high, and we expect she'll be qualifying for the Olympic trials and taking a shot at maybe making the team this year."

McPherson achieved her All-America status after placing sixth in the women's high jump at the NCAA championships. She also collected a Cal outdoor season-best 6-00.50 (1.84 meters) when she took second at the NCAA West Regional to rank her second on Cal's all-time list.

Strickland had an excellent indoor season last year, earning All-America honors after taking sixth with a mark of 42-10.75 (13.07 meters).

"Strickland has NCAA experience and is showing great promise," assistant coach **John Rembao** said. "She has all the physical tools to jump extremely far and is demonstrating strong leadership skills. Her work ethic has been fantastic, and I'm excited about her scoring at Pac-10s, the NCAA West Regional and making it to the NCAA final, at which point anything is possible."



Inika McPherson

Meister enters Cal as a transfer from Davidson. As a freshman last year at Davidson, she earned All-America honors and was a finalist at the NCAA championships in the high jump. Miller thinks from the conference to the national level, she will do very well and be a major factor.

Also returning are junior **Artensia Young** and redshirt freshman **Tracey Stewart**. Rembao said Stewart is due for a breakout season. He also feels that with her competitive nature, she should qualify for the NCAA championships in the long jump and the triple jump.

Also contributing in the triple jump and long jump will be Young, who also competes in the 100-meter hurdles. Since last year, her strength and speed levels have increased dramatically, according to Rembao. He thinks this will enable her to score well at the Pac-10 championships and the NCAA regionals, and be a force to be reckoned with at the NCAA championships.

THROWS

With the graduation of All-American Carrie Johnson and national champion Kelechi Anyanwu last year, the Bears are running a little thin in the throws department on the women's side. The hopes of success will be mostly on the shoulders of senior **Daisy Van Ravenswaay**, a solid four-event athlete, including the indoor weight throw, who has plenty of potential in the shot put. Van Ravenswaay will only compete in the indoor season.

HEPTATHLON

Cal is deep in this area, as junior **Tifani Grimes** is joined by a group of freshmen that will add depth to the roster.

Grimes was the Bears' top combined women's athlete last year, as she scored

an impressive total of 4,972 points at the Pac-10 Multi-Event Championships

"Grimes has Pac-10 experience and has had a great fall," Rembao said. "The depth of this group will help her rise to a new level. Grimes' competitive nature and experience sets her up to lead this group. I see her having a great senior year."

The other heptathletes that Rembao is excited about are freshman Dantia Hudson and junior Kristin Holmes.

"Hudson and Holmes have great potential and should do well this year," Rembao said. "Hudson is a tough competitor who doesn't hold back. As she becomes technically proficient in the throws, she'll blossom in the heptathlon. Holmes has a lot of gifts that make her ideal for this event."

SCHEDULE

Cal has put together another competitive schedule this season, both indoors and outdoors, with an emphasis on displaying the Bears' talented athletes in Berkeley. Sandoval knows that indoors has become increasingly important in the world of track and field over the past few years and expects his Bears to compete hard and make a good showing for Cal in the national meet.

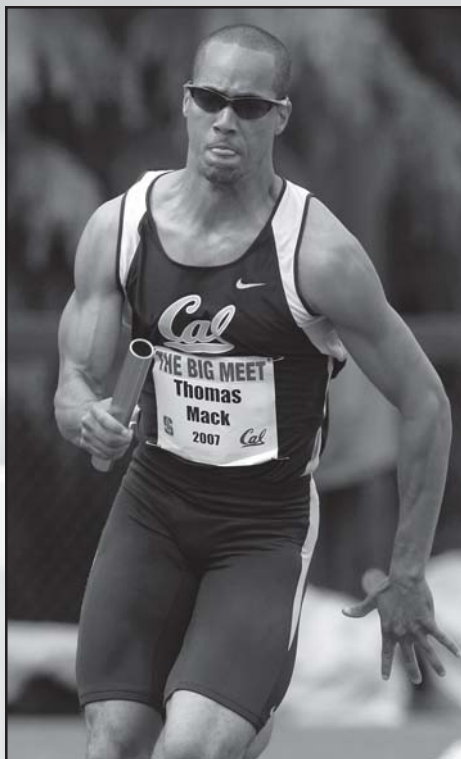
"Over the last two or three years, indoors has been an integral part of the program," Sandoval said. "It is a championship, and it does score points for the Directors' Cup. We certainly want to represent Cal the best we can. With Alysia Johnson winning the national title in the 800 and the distance medley relay doing well, it gave us tremendous exposure."

The Bears will host three competitions this season, all of which occur in April. One of the three meets will be the Big Meet against Stanford on April 12. Cal will also host its annual Brutus Hamilton Invitational April 25-26.



Brook Turner

MEN'S 2008 TRACK & FIELD ROSTER


Thomas Mack

Mark Matusak

NAME	EVENT	HT	YR	EXP	HOMETOWN (Previous School)
Donny Appanaitis	Pole Vault	6-0	Sr.*	3V	Palos Verdes, CA (Loyola HS)
Alejandro Bautista	1500-800	5-6	Fr.	HS	Watsonville, CA (Watsonville HS)
Javid Best	100-200	5-11	Fr.	HS	Vallejo, CA (Salesian HS)
Michael Bradley	200-400	6-3	Fr.	HS	Oakland, CA (McClymonds HS)
Sean Carey	800-1500	5-11	Jr.*	2V	Albany, CA (Albany HS)
Dev Chahal	1500-5000	5-9	Fr.	HS	Davis, CA (Davis HS)
Harvind Chahal	1500-5000	5-9	Fr.	HS	Davis, CA (Davis HS)
Chris Chavez	5000-1500	5-9	Sr.	3V	Culver City, CA (Santa Monica HS)
John Cheng	5000-10000	5-9	Fr.	HS	Oakland, CA (Oakland HS)
Michael Coe	1500-800-5000	6-2	Fr.	HS	Lompoc, CA (Cabrillo HS)
Steven Conrad	Decathlon	5-10	Sr.	3V	Grass Valley, CA (Nevada Union HS)
Peter Deptula	3000 SC	5-10	So.	1V	Mililani, HI (Punahou School)
Jeremy Eaton	800-1500	6-1	Fr.	HS	Laguna Beach, CA (Laguna Beach HS)
Francis Gadayan	800-1500	5-10	Jr.*	1V	San Francisco, CA (Riordan/CC S.F.)
Yosef Ghebray	5000-10000	5-10	So.*	1V	Union City, CA (Logan HS)
Christian Green	LJ-TJ	6-1	Fr.	HS	Los Angeles, CA (Crenshaw HS)
Jacob Hanson	400 IH-400	6-0	Jr.	2V	Yelm, WA (Yelm HS)
Austin Jett	800-1500	6-3	Fr.	HS	Bonita, CA (Eastlake HS)
Kari Karlsson	5000-10000	6-0	Fr.	TR	Reykjavik, Iceland (Reykjavik University)
Colin Kennedy	Javelin	6-1	Fr.	HS	Santa Barbara, CA (Laguna Blanca HS)
Tojsh Kennedy	200-400	6-3	Fr.	HS	Hawthorne, CA (Bishop Montgomery HS)
Craig Kent	SP-Discus	6-2	Sr.*	3V	Mead, WA (Central Valley HS)
Grigore Key	Pole Vault	5-11	Jr.	1V	San Jose, CA (Santa Clara)
Patrick Kowalsky	SP-Discus	6-2	Fr.*	HS	Denver, CO (J.K. Mullen)
Cameron Kroll	Pole Vault	5-11	Fr.	HS	Reno, NV (Reno HS)
Kevin Kuechler	Decathlon	5-11	Fr.	HS	Mission Viejo, CA (Mission Viejo HS)
Kelvin Kumar	200-400	6-0	Fr.	HS	Hayward, CA (Tennyson HS)
Eric Lee	1500-800	6-1	Sr.	3V	San Rafael, CA (Sir Francis Drake HS)
Aleksandr Lindquist	400	5-10	Fr.	HS	Martinez, CA (College Park HS)
Patrick Lynch	5000-10000	5-9	Fr.	HS	Davis, CA (Davis Senior HS)
Thomas Mack	110 HH-100-200	6-0	Sr.*	3V	Bakersfield, CA (Bakersfield HS)
Martin Maric	Javelin-Discus	6-5	Jr.	TR	Split, Croatia (U. of Georgia)
Mark Matusak	1500-5000-800	5-11	Jr.	2V	Torrance, CA (Loyola HS)
Phil McKennan	5000-10000	6-1	Fr.	HS	Sacramento, CA (Jesuit HS)
Jon Meacham	400 HH	5-8	Fr.	HS	Roseville, CA (Woodcreek HS)
Matthew K. Miller	3000 SC-1500	5-10	Jr.	2V	Manhattan Beach, CA (Loyola Prep)
Matt H. Miller	5000-10000	5-9	Fr.	HS	Orange, CA (El Modena HS)
Kyle Mills-Bunje	Decathlon-PV	6-2	Fr.*	HS	Menlo Park, CA (Saint Francis HS)
Miles Palacios	Shot-Dis-Ham	6-3	So.	TR	Lafayette, CA (Diablo Valley College)
Nick Palladino	800-1500	5-11	Fr.	HS	San Carlos, CA (Carlmont HS)
Micah Parker	3000SC	5-8	Sr.*	3V	Reno, NV (Lassen College)
Kellan Patterson	100-200	5-10	Jr.	JC	Alameda, CA (Berkeley HS/CCSF)
Jordan Paul	110 HH-100	6-3	Jr.	2V	Los Angeles, CA (Loyola Prep)
Andres Perezchica	800	5-8	Sr.	2V	Cathedral City, CA (Cathedral City HS)
Nick Porter	100-200	5-8	Fr.	HS	Sherman Oaks, CA (Notre Dame HS)
Ryan Shuler	Pole Vault	5-11	So.	1V	Granite Bay, CA (Granite Bay HS)
Steve Sodaro	Steeplechase	6-0	So.	1V	Tiburon, CA (Redwood HS)
Andrew Stevens	Pole Vault	6-1	Jr.*	2V	Palos Verdes, CA (PV Peninsula HS)
Jonathan Suddaby	400-200	5-9	Sr.*	3V	Aurora, Canada (St. Andrew's College)
Justin Ta	110 HH	5-10	So.	1V	San Jose, CA (Silver Creek HS)
Dawit Tesfasilassie	5000	5-8	Jr.	2V	Santa Rosa, CA (Piner HS)
Joey Thomas	800	6-0	Fr.	HS	Lafayette, CA (Acalanes HS)
David Torrence	1500-800-5000	6-0	Sr.*	2V	Reseda, CA (Loyola HS)
Keagan Wethington	200-400	5-9	Fr.	HS	Union City, CA (Logan HS)
Robert Williamson	Discus-Hammer	5-10	Fr.	HS	Sacramento, CA (Sheldon HS)
Ed Wright	High Jump	6-2	Sr.	3V	Oakland, CA (St. Mary's HS)
Ryan Young	Javelin	6-5	So.*	1V	Silverdale, Wash. (North Kitsap HS)

* Utilized redshirt year

WOMEN'S 2008 TRACK & FIELD ROSTER

NAME	EVENT	HT	YR	EXP	HOMETOWN (Previous School)
Natalya Beneby	400 Hurdles-400	5-4	Fr.	HS	Nassau Bahamas (St. Andrew's School)
Kandi Bonty	100-200-400	5-5	Jr.	2V	Los Angeles, CA (James Monroe HS)
Elizabeth Boydston	TJ-LJ	5-8	Fr.	HS	Turlock, CA (John H. Pitman HS)
Kerry Boyle	Pole Vault	5-5	Jr.	1V	Livermore, CA (Granada HS)
Kimyon Broom	100H-100	5-5	So.	1V	Inglewood, CA (Serra HS)
Taylor Bryson	1500-5000	5-7	Fr.	HS	Costa Mesa, CA (Newport Harbor HS)
Stephanie Cullors	Hammar-Discus	5-7	Fr.	HS	Paso Robles, CA (Atascadero HS)
Kayla Dixon	100-200	5-8	Fr.	HS	Winnetka, CA (Grover Cleveland HS)
Shannon Forbes	400 Hurdles – 100 H	5-11	Fr.	HS	Rancho Palos Verdes, CA (Peninsula HS)
Taylor Franklin	Pole Vault	5-7	So.	1V	Portola Valley, CA (Saint Francis HS)
Cherrelle Garrett	100-200	5-5	Fr.	HS	Hayward, CA (Mount Eden HS)
Cyrena Giordano	Pole Vault	5-8	Fr.	HS	Redwood Shores (St. Ignatius College Prep)
Alison Greggor	1500-5000	5-3	So.	1V	Novato, CA (San Marin HS)
Tifani Grimes	Heptathlon	5-9	Jr.*	2V	Sacramento, CA (St. Francis HS)
Kristin Holmes	Heptathlon	5-9	Jr.	2V	Claremont, CA (Claremont HS)
Danielle Hoolko	Heptathlon	5-6	Fr.	HS	La Jolla, CA (La Jolla HS)
Dantia Hudson	Heptathlon	5-7	Fr.	HS	Oakland, CA (Skyline HS)
Araceli Huerta	5000-10000	5-3	Jr.	TR	Anaheim, CA (Orange CC)
Hayley Huxtable	400-200	5-11	Fr.	HS	Santa Cruz, CA (Scotts Valley HS)
Alysia Johnson	800-400	5-7	Sr.	3V	Canyon Country, CA (Canyon HS)
Pippa Macdonald	800-1500	5-8	Sr.*	3V	Kailua, HI (Punahou HS)
Mercedes Marchbanks	TJ-LJ	5-9	So.*	1V	Redwood City, CA (Sequoia HS)
Kristen Meister	High Jump	5-9	So.	TR	Toledo, OH (Davidson)
Inika McPherson	High Jump	5-6	Jr.	2V	Port Arthur, TX (Memorial HS)
Katie Morgan	Pole Vault	5-8	Jr.*	2V	Tempe, AZ (Corona del Sol HS)
Sarah Morrison	Heptathlon	5-9	Fr.	HS	Coronado, CA (Coronado HS)
Cameo Motley	100-200	5-2	So.	1V	Hayward, CA (Mt. Eden HS)
Lollie Onipede	LJ-TJ	5-8	Jr.	2V	Berkeley, CA (Holy Names HS)
Linda Oseso	Hammer	5-8	Fr.	HS	Santa Clara, CA (Santa Clara HS)
Rebecca Palm	5000	5-3	So.*	1V	Campbell, CA (Prospect HS/ San Jose St.)
Mackenzie Pierce	800-1500	5-11	Jr.	2V	Winston Salem, NC (Forsyth Country Day)
Theresa Raub	Pole Vault	5-11	So.	1V	Arlington Heights, IL (Prospect HS)
Chelsea Reilly	1500-800	5-6	Fr.	HS	Davis, CA (Davis Senior HS)
Gabriela Rios-Sotelo	1500m-5000m	5-5	So.*	1V	Berkeley, CA (St. Mary's HS)
Evelyn Smith	400 H - 400	5-4	Jr.	2V	Hayward, CA (Hayward HS)
Kiely Smith	Hammer	5-7	So.	1V	San Jose, CA (Valley Christian HS)
Tracey Stewart	LJ-TJ	5-8	Fr.*	1V	Richmond, CA (James Logan HS)
Veronica Stimson	Pole Vault	5-10	Fr.	HS	Fair Oaks, CA (Bella Vista HS)
Allison Stokke	Pole Vault	5-7	Fr.	HS	Newport Beach, CA (Newport Harbor HS)
Cassandra Strickland	TJ-LJ	5-11	Sr.	3V	Las Vegas, NV (Foothill HS)
Rowena Tam	3000 SC-5000	5-5	So.	1V	San Diego, CA (University City HS)
Maurita Toler	100-200	5-1	Fr.	HS	El Sobrante, CA (Bishop O'Dowd HS)
Brook Turner	200m-400m	6-1	Sr.	3V	Beachwood, OH (Hawken School)
Daisy Van Ravenswaay	Shot Put	6-3	Sr.*	3V	Ontario, Canada (Cayuga Sec./ Connecticut)
Francesca Weems	800-400	5-5	Jr.	2V	Kailua-Kona, HI (Kealahou HS)
Layah Willis	100 H	5-5	Fr.	HS	Los Angeles, CA (Locke HS)
Rebecca Yau	5000-10000	5-7	Sr.	3V	Orinda, CA (Miramonte HS)
Artensia Young	LJ-TJ-Hurdles	5-11	Jr.*	2V	Los Angeles, CA (Junipero Serra HS)

* Utilized redshirt year



Tifani Grimes



Cassandra Strickland

DIRECTOR OF TRACK & FIELD

Tony SANDOVAL

**Interim Director of Track and Field /
Head Cross Country Coach
26th Year at California**



Tony Sandoval, a familiar name in San Francisco Bay Area track and field circles, begins his 26th year of association with the California track and field program and his first as the interim

Director of Track and Field, after serving numerous seasons as the associate director of track and field. Sandoval previously served 10 years as Cal's head women's coach prior to the merger of the men's and women's programs into a single entity.

Sandoval specializes in coaching men's and women's distance events, 800 meters and above, as well as cross country. His expertise extends to meet management also, as he has a wealth of experience conducting major cross country and indoor and outdoor track invitational. Sandoval was a member of the NCAA Track & Field Rules Committee (1981-88) that directs all three Division I championship meets.

Under his tutelage, members of the Cal women's team earned All-America honors on 23 different occasions. Most recently, Sandoval added two more honors from double NCAA champion Alysia Johnson in the 800 meters, giving her a total of five times receiving the honor. She earned the accolade both indoors and outdoors, in 2007 and 2006 to her one 800 honor in 2005. Chloe Jarvis earned indoor All-American honors in the 800 meters in 2005. He also added Erin Belger to the list of All-Americans, as Belger finished third in the 800 at the 2002 NCAA Championships. In cross country, Bridget Duffy earned All-America honors under Sandoval in 2003.

The Bears finished in the Top 20 three times between 1987 and 1990, in addition to taking fourth at the 1990 NCAA Indoor Championships. Cal scored a school-record 23 points at the 1990 outdoor meet to claim 11th place, tying the 1987 team for the program's highest finish ever.

Other athletes Sandoval has coached include 2000 Olympian and All-American Bolota Asmerom; six-time All-American Richie Boulet; three-time middle distance All-American and AIAW 800m champion Louise Romo; Kirsten O'Hara, an All-American in cross country, 5000 and 10,000;

Elissa Riedy a two-time All-American in the 1500 and once in cross country; Laura Baker, an All-American in the 800m; Sally Wood, All-American in the 5000; Sabrina Han, All-American in the 10,000; and Magdalena Lewy, an All-American in the 5000 and one of the United States' top long distance runners who placed fifth in the marathon at the 2005 Olympic trials; All-American Tenaya Soderman in the 10,000; Susan Vigil, an 800-meter national champion at New Mexico.

Sandoval has coached cross country runners to All-America honors nine times: Marilyn Davis, Riedy, O'Hara (three times), Duffy, Boulet, Wood and Han. In addition, Boulet earned indoor All-America honors in the 3000 three times and Lisa Lopez was an indoor All-American in the mile.

The 1986 NorPac Conference Track and Field Coach of the Year, Sandoval serves as Cal's head cross country coach, a role he also filled for the women's program before the merger. Last fall, Sandoval guided the men's cross country team to its first appearance as a team to the NCAA championships. In 1993, under Sandoval's guidance, Boulet became Cal's second All-American in men's cross-country. Sandoval guided the women's program to a pair of top 20 finishes in 1984 and 1988. In their first NCAA appearance in 1984, the Bears finished 15th nationally. Cal returned as a team in 1988 to take ninth place.

Sandoval has more than 30 years of coaching experience, having begun his career a year out of college by developing the Duke City Dashers track club in Albuquerque, N.M. DCD became a "super club" with numerous national level and record-breaking boys and girls age-group athletes in cross country and track and field. Many of those age groupers developed into national level AAU and collegiate runners. In 1972, three DCD athletes coached by Sandoval were Olympic trial finalists. Un-

der Sandoval, Lynn Bjorklund was DCD's most accomplished runner, winning three AAU cross country championships and two AAU two-mile championships. Bjorklund was world ranked in the two mile/3000 in 1974 and 1975 and remains the national high school record holder for the 3000.

Sandoval started his collegiate coaching career with New Mexico's women's team in 1975, serving as an assistant before taking over the head coaching duties. His UNM track team finished as high as ninth nationally. He also developed 10 All-Americans, including long distance and cross country runner Karen Crammond, middle distance runners Regina Draminga of Uganda and Tecla Chemabawi of Kenya, and 1979 800m national champion Vigil (a former DCD runner) during his eight years with the Lobos.

Active in all areas of amateur track and field, Sandoval served as the head coach for the 1995 U.S. Junior Pan American women's track and field team, which competed in Santiago, Chile. He also served as an assistant coach for the U.S. team at the 1991 Pan American Games in Cuba. Formerly the long distance coordinator for women for the Olympic Development subcommittee of the AAU, Sandoval has had four U.S. national team assignments, including the head coaching position for a U.S. junior team that competed in Cuba and Canada in 1987. In addition, Sandoval was the head coach for United States at the World Cross Country Championships in Glasgow, Scotland (1978), and Madrid, Spain (1981).

A 1968 graduate of New Mexico, Sandoval was a three-year letterwinner in cross country and track and field for a Lobo team that won two Western Athletic Conference titles in cross country and three conference championships in track and field. Sandoval competed in the mile, two mile and steeplechase events, and was an all-time top 10 performer in both the mile and two mile.

Sandoval attended Albuquerque High School in New Mexico and won the 1962 state cross country title and captured the 1963 state 880 yard championship.

Sandoval received a double master's degree from UNM in exercise physiology and guidance and counseling in 1974. He taught in the undergraduate physical education department at UNM while working on a Ph.D. in sports psychology.

Sandoval and his wife, Barbara, reside in Pleasant Hill with their daughters, Lisa and Marcy. Lisa is a Cal graduate and a former Cal track athlete. Marcy currently attends Diablo Valley College.

SANDOVAL'S CAL WOMEN'S HEAD COACHING CAREER

Year	W	L	Conference	NCAA
1983	0	1	3rd (NorPac)	49th
1984	3	3	3rd (NorPac)	38th
1985	1	4	4th (NorPac)	40th
1986	3	2	3rd (NorPac)	31st
1987	4	4	7th (Pac-10)	T11th
1988	2	5	7th (Pac-10)	T17th
1989	5	4	8th (Pac-10)	57th
1990	6	1	4th (Pac-10)	11th
1991	1	4	8th (Pac-10)	DNS
Totals	25	28	(.472, nine seasons)	

ASSOCIATE DIRECTOR OF TRACK & FIELD

Ed MILLER

**Associate Director of Track and Field
Field Events-Multi Events
25th Year at Cal**



Ed Miller begins his 25th year as the Associate Head Coach at California. Throughout his storied career, Miller has earned both a national and international reputation for his success on the field.

He is considered one of the premier multi-event coaches in the world and has served United States Track & Field on four international trips, including the 2003 IAAF World Championships in Paris, France, as an assistant coach. As a member of USATF's Development Committees, Miller served as the National Coordinator for the long jump and also was the Regional Coordinator for the high jump.

A former NCAA decathlon champion and All-American for the Golden Bears, Miller assists in the administration of the program, in fundraising and in meet management.

Miller's latest honor was his recent induction into the Diablo Valley College athletic hall of fame as a member of its first class. In 2002, Miller received one of his greatest honors when he was inducted into Cal's Hall of Fame.

Miller has coached a number of outstanding athletes at Cal, including current Cal high jumpers, Ed Wright and Inika McPherson. In 2007, Wright won the Pac-10 Championship, the NCAA West Regional Championship and was named an All-American. McPherson, also a 2007 All-American, was at one time ranked fifth in the nation, came in fourth at the USA championships and

took sixth at the NCAA Outdoor championships. He has also coached South American record-holder Ramon Jimenez-Gaona (Paraguay, discus). Miller also coached Cal decathletes Bevan Hart (2000 NCAA champion and 1999-2000 Pac-10 champion), Ross Bomben (1996 NCAA runner-up and 1998 Pac-10 champion). On the women's side, Miller coached a number of outstanding multi-eventers, including 1995 All-American Tiffany Janssen, 1995 Pac-10 champion Ifeoma Ozoeze, 2000 Pac-10 champion, All-American Missy Vanek and heptathlete Brooke Meredith (indoor and outdoor All-American and MPSF indoor champion.)

In addition to Jimenez-Gaona, a three time NCAA runner-up and school-record holder in the discus at 210-11, Miller has

Ed Miller won the NCAA decathlon title as a senior at Cal in 1976.



tutored Kari Nisula, the 1988 NCAA discus champion, the only three-time Pac-10 pole vault champion and 1992 NCAA runner-up; All-American Brent Burns (holds Cal pole vault record of 18-8.25); All-American Clarence Phelps (2nd in the pole vault at the 1997 NCAA championships at 18-0.50); All-American Jeff Rogers (holds Cal high jump record of 7-5.75); Pac-10 high jump and triple jump champion Mike Harris (All-American in 1990); two-time Pac-10 high jump champion Kevin Keane; and high jumper Teak Wilburn (indoor and outdoor All-American and indoor conference and outdoor Pac-10 Champion). Miller's athletes have earned 23 All-America honors.

A native of nearby Pleasant Hill, Calif., Miller was a two-year letterman at California in 1975 and '76. As a senior, he captured the 1976 NCAA decathlon title in Philadelphia, Pa., scoring a then school-record 7,443 points. That score broke a 42-year-old record of Olympian Bob Clark and presently ranks sixth on the all-time list at Cal. Miller continued competing past college, including at the 1976 and '80 U.S. Olympic Trials.

Prior to returning to Cal as a coach, Miller taught, coached track and field and coached women's basketball at Los Medanos College in Pittsburg, Calif.

He and his wife, Sheila, make their home in Antioch, Calif. Their son, Eddie, currently plays for the Cal basketball team. Their daughter, Jennifer, graduated from the Haas School of Business in 2004.



GOLDEN BEAR COACHING STAFF

John REMBAO

Director of Operations

*Horizontal jumps, women's heptathlon,
long jump and triple jump*

1st Year at Cal



John Rembao was named Assistant Coach and Director of Operations for California Track & Field in September of 2007. Rembao brings an extended list of track and field, and cross coun-

try success to Cal.

A veteran of more than 20 years coaching, Rembao arrived at Cal after enjoying coaching success at Stanford, SMU, Texas, Arizona and Cal Poly San Luis Obispo. Rembao has also served as the USA Track and Field Women's High Jump Development Coordinator for 10 years.

He has coached four Olympians, five World Championship competitors, 15

NCAA individual champions, a collegiate record holder, 90 All-Americans, and assisted in 11 NCAA team championships and 23 conference team championships. While at Stanford from 2005-2007, Rembao coached the high jump squad for two years and was also the meet director for the Stanford Track & Field and Cross Country Invitational, as well as the Payton Jordan Cardinal Invitational. He also was the technical director for the Pac-10 Track & Field and Cross Country Championships as well as the NCAA West Region Cross Country Championships.

In his four years at SMU, Rembao coached the women's cross country team to its highest national ranking in school history (11th) in 2004. He was named the NCAA South Central Region Cross Country Coach of the Year in 2004. Rembao also coached the jumpers and distance runners on the track. He coached 22 individual NCAA qualifiers, seven All-Americans and one NCAA high jump champion.

While at the University of Texas, Rembao coached high jumper Erin Aldrich to an in-

door collegiate record and three NCAA individual titles in the high jump. His accomplishments at Texas earned him a spot on the coaching staff for Team USA at the 2001 IAAF World Championship Games in Edmonton, Ontario, Canada.

Also at Texas, Rembao coached ten All-Americans and helped the Longhorns to four NCAA Women's Track and Field Championships in a row ('98 Indoor and Outdoor, '99 Indoor and Outdoor). Rembao spearheaded UT's cross country program to a top-25 national finish and two straight NCAA appearances after a 10 year absence from the championships.

In his 11 years at Cal Poly-SLO, Rembao coached 76 All-Americans, 13 NCAA Individual champions and assisted in 7 NCAA team championships and 16 conference team championships. He also worked in Athletic Development at Cal Poly as well as eventually becoming an Assistant Athletic Director of Business Operation.

Rembao and his wife, Sue, a 1992 Olympian and three-time All-American high jumper, have one son, Jared Asher.



Mike GIPSON

Recruiting Coordinator
Sprints, Hurdles and Relays
1st Year at Cal



Mike Gipson begins his first year as the sprints, hurdles and relays coach. He also serves as the Recruiting Coordinator.

Gipson comes to Cal after spending eight years at Sacramento State, where he coached the Hornets sprints, hurdles, relays and horizontal jumps, and also served as the recruiting coordinator. More than 30 of the athletes/relays Gipson has coached still stand in the school's all-time top five marks. He also had over 50 All-Big Sky Conference selections.

Gipson came to Sacramento State after

15 years as the track and field head coach and assistant football coach at Highlands High School in Sacramento. The Scots captured 2 Sac-Joaquin Section Titles and two Section Runner-Ups in his final three seasons before taking his coaching expertise to the collegiate ranks.

In his coaching career, he has coached champions and nationally-ranked athletes from Youth/Age-Group, High School, Collegiate, US National, Foreign National, Masters and Senior levels.

Among notable Gipson coached athletes are Brian Lewis, a 1995 Olympic Festival and World University Games Medalist, as well as a member of the 1997 and 1999 World Championship Relays. Lewis was also a member of the Gold Medal U.S. 400-meter Relay Team at the 2000 Olympic Games in Sydney, Australia. Gipson also coached Yvonne Kanazawa-Scott who set the Japanese record for the 100-meter hurdles and was a semifinalist for the event at the 2000 Olympics. Eugene Swift, the

sixth-place finisher in the 110-meter hurdles at the 1996 Olympic Games in Atlanta, Ga. and the 1997 Pan-Am Games champion, also spent time under Gipson's guidance.

He holds U.S. Track and Field Level 1 coaching certification, was the Assistant Director of Operations for the 2000 U.S. Olympic Trials and Assistant Director of Events for the 2003 NCAA Outdoor Championships.

Gipson sat on the Big Sky Conference Committee for the development of Women's Track and Field. He also has been a speaker at the Northern California All-Sports clinics.

Out of Highlands High School, Gipson attended the United States Air Force Academy. He received his bachelor's degree in business administration with a concentration in marketing from Sacramento State in 1983. Gipson and his wife, Brenda, have two children, 16-year-old Kristara and 14-year-old Karlaina.



MAGDALENA LEWY

*Middle Distance/Distance
7th Year at Cal*



Magdalena Lewy, a former Cal track and field All-American, originally returned to her alma mater in 2003 as a coach for the Golden Bear cross country program. Lewy begins her seventh non-consecutive season at Cal. She was the research director for Sports Street Marketing, which manufactures GU, an energy and electrolyte gel supplement, from 2000-07.

Still an avid runner, Lewy placed fifth (2 hours, 30 minutes) in the marathon at the 2004 U.S. Olympic Trials. More recently in 2006, she finished 10th overall and was the first American woman to finish at the Bay to Breakers 12k. Lewy won 12 of the 17 races she competed in last year.

After assuming her coaching duties at Cal in 1996 while still an undergraduate, she left for the 1998 season to serve as the assistant women's cross country coach at Saint Mary's in Moraga, Calif. She then returned for the 1999 and 2000 collegiate seasons in Berkeley.

Lewy earned her All-America honor with a third-place finish in the 5000m at the 1997 NCAA Championships with a career-best time of 16:04.86. She qualified for the 1995 NCAA meet in the 3000m and 5000m, but only ran the 5000m.

On Cal's all-time performers list, Lewy ranks second in the 5000m (16:04.86), third in the 3000m (9:25.93) and seventh in the 1500m (4:23.34).

Originally from Poland, Lewy attended Lakewood High School in Southern California and then spent two years at Long Beach City College before transferring to Cal. She earned her bachelor's degree in human biodynamics from Cal in 1997 and a master's degree in exercise physiology from Cal State Hayward.

She lives in Oakland with her husband Richie Boulet and their two-year-old son, Owen.



Yosef Ghebray is one of the distance runners who could enjoy tremendous success in 2008 thanks in part to the guidance of Magdalena Lewy.



Katie Morgan will rely on the guidance of Scott Slover to reach new heights in 2008, as well as to lead the group of pole vaulters.

Scott SLOVER

*Pole Vault
2nd Year at Cal*



Scott Slover, a former pole vault star for UCLA, is in his second year as Cal's pole vault coach.

A history major who graduated from UCLA in 1999, Slover was an assistant coach with the Bruins and ranked fifth in the world in the pole vault in that same year. He was a five-time All-American, who took third place in the 1998 NCAA Outdoor Championships and fifth place in the 1996 NCAA Outdoor Championships in the pole vault. At the NCAA Indoor Championships, he took seventh in 1996, sixth in 1997 and seventh in 1998 in the pole vault.

Slover was a two-time Pac-10 champion in the pole vault in 1996 and 1998. Slover ranks No. 2 in the pole vault, with a 1997 mark of 18-7.25, on UCLA's all-time top 10 list and still holds the UCLA freshman record of 18-0.25, set in 1995.

In 1994, he took ninth place at the World Junior Championships in Lisbon, Portugal.

As a coach, he's trained UCLA's Tracy O'Hara, who won the women's pole vault titles at the NCAA Indoor and Outdoor Championships in 2000 and at the 2002 NCAA Outdoor Championships.

Slover comes from strong track and field lineage, as his father, Bob Slover, competed in the 1968 and 1972 Olympics in the pole vault. The father-son duo has the second-best combined height in the world at 36-5.25. Bob Slover coached his son at Leland High School in San Jose, Calif., where Scott Slover was a two-time high school state champion.

The former Bruin has occasionally worked in television commercials, portraying a pole vaulter in ads for companies that include Nike, DHL and SBC.



Scott Slover



2008 CALIFORNIA GOLDEN BEARS COACHING STAFF

*Front Row (left to right): Jonas Hallgrimsson, Scott Slover, Ed Miller, John Rembao and Magdalena Lewy.
Back Row: Mike Gipson, Tony Sandoval, Kevin Davis and Chris Coffee.*

TRACK & FIELD VOLUNTEER ASSISTANTS



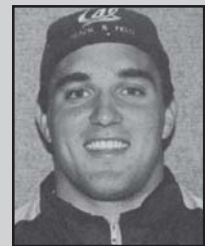
CHRIS COFFEE
Volunteer
Assistant Coach



KEVIN DAVIS
Volunteer
Assistant Coach



JONAS HALLGRIMSSON
Volunteer
Assistant Coach



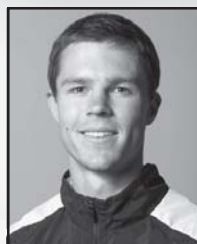
TRAVIS NUTTER
Volunteer
Assistant Coach

2008 ATHLETE PROFILES - MEN

DONNY APPANAITIS

Pole Vault

Senior, Palos Verdes, Calif.



Junior (2007): Did not see action last season. **Sophomore (2006):** Notched Cal's second-best indoor pole vault mark (16-00.75) at the Arizona-California Challenge. **Freshman (2005):** Posted Cal's second-best mark of the season in the pole vault (15-6.25) at the MPSF championships...redshirted indoor season. **2004:** Redshirted outdoor season. **High School:** Attended Loyola High school...state leader and Southern Section champion in the pole vault...also Loyola record holder (16-0) in the pole vault...helped Loyola win the 2003 CIF-SS Division II Championship. **Personal:** Born April 23, 1985, in Torrance, Calif....father is Donald Appanaitis...integrative biology major.

MICHAEL BRADLEY

200-400

Freshman, Oakland, Calif.



High School: Overcame a stress fracture in his left leg and returned to run track...competed for the Oakland Athletic League, coached by Nick Mazur. **Personal:** Born July 27, 1989...parents are Gordon and Lucille Ward-Bradley...hopes to attend grad school and become a bio-engineer for the National Institute of Health...bio-engineering major.

SEAN CAREY

800-1500

Junior, Albany, Calif.



Sophomore (2007): Secured a new personal best in the 800 meters at the MPSF Indoor championships (1:50.21)...at the Brutus Hamilton Invitational, earned a time of 4:20.48 in the mile...in the 1500 meters at the Aggie Open, came in at 4:04.39...a member of Cal's 4x400 relay that turned in the best relay performance of the season (3:16.42, Brutus Hamilton Invitational). **Freshman (2006):** Posted Cal's second-best 200 meters time of the season (1:51.77), when he took third at the Big Meet. **(2005):** Redshirted the outdoor season due to a hamstring injury. **Cross Country:** In 2007, claimed 15th place (26:48) in the San Francisco Invita-

tional and 18th place (26:22) in the San Francisco State Invitational. **High School:** A 2004 graduate of Albany High School...won the 800 meters at the NCS Meet of Champions...participated in the Junior Olympics...800 meters school-record holder with PR of 1:52.15...played one year of varsity soccer. **Personal:** Born Aug. 20, 1986, in San Francisco, Calif....parents are Van and Judith Carey...Van Carey is a professor of mechanical engineering at Cal...interdisciplinary studies major.

CHRIS CHAVEZ

5000-1500

Senior, Culver City, Calif.



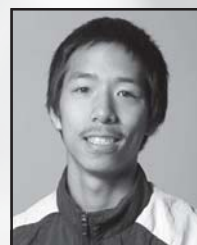
Junior (2007): Finished with a time of 4:11.42 in the mile at the Brutus Hamilton Invitational...set a new PR at the Stanford Invitational in the 5000 meters (14:27.57)...clocked in at 3:59.88 in the 1500 meters at the California Collegiate Challenge...at the Big Meet, came in at 8:39.01 in the 3000 meters. **Sophomore (2006):** During the indoor season, ran Cal's third-fastest 5000 meters of the year (14:38.96) at the MPSF championships...won Cal's Brutus Hamilton Award (outstanding male academic achievement). **Freshman (2005):** Chavez posted Cal's fifth-best mark of the season in the 1500 meters (3:57.36/Big Meet), and 5000 meters (14:44.34/U.S. Jr. Nationals) and the team's third-best mark of the season in the mile (4:15.02/Brutus Hamilton) and 3,000 (8:39.88/Bay area Blast Off)...after the 2005 season, Chavez ranked ninth among Cal's all-time top 10 performers for his 8:39.88 in the 3000 meters...qualified for the USATF Junior Nationals in the 5000 meters. **Cross Country:** Recorded his best time and finish of 2007 at the Pac-10 championships (43rd, 24:21)...represented the Golden Bears in five of the seven competitions, including the conference meet, the NCAA regionals and the NCAA championships...in 2005, Chavez had a season-best time of 25:15 at the Stanford Invitational to finish 57th...finished 81st (32:18.6) at the NCAA West Regional. **High School:** Graduated in 2004 from Santa Monica High School...MVP of track team and four-year varsity letterman on league champion team...named "Most Athletic" at his high school. **Personal:** Born May 9, 1986, in Santa Monica, Calif....parents are Anthony and Margaret Chavez...economics major.

JOHN CHENG

5000-10,000

Freshman, Oakland, Calif.

Cross Country: Competed in the first three meets of the season...came in fourth (26:21) at the San Francisco Invitational...recorded his best



time of the campaign at the Stanford Invitational (25:45). **High School:** Set the Oakland High School record in the 3200 meters...the Oakland Athletic League champion in the 3200 in 2007 and the 1600 in 2006...helped his high school cross country team win the league championships three years in a row (2003-05)...four-time state qualifier in cross country and a two-time state qualifier in track. **Personal:** Born Oct. 21, 1989, in Oakland, Calif....parents are Mi Koon and Sue Cheng...has two brothers currently attending Cal and a sister...also was a web site assistant for the Museum of Vertebrate Zoology at Cal last fall...undeclared major.

MICHAEL COE

1500-800-5000

Sophomore, Lompoc, Calif.



Freshman (2007): Earned a spot on the U.S. Track and Field and Cross Country Coaches Association Division I All-Academic team...took 10th in the 1500 at the NCAA West Regional with a time of 3:48.71, finishing first among Cal runners...entered the NCAA West Regional with Cal's third-best 1500 (regional-qualifying 3:46.38) of the season, which he ran at the California Collegiate Challenge...also ran Cal's third-fastest mile (4:04.29) and fifth-fastest 800 (1:51.75). **Cross Country:** In 2007, earned three top-20 finishes...recorded his season-best time of the season at the Pac-10 championships (23:28, 17th place)...finished in the 12th place at the Stanford Invitational...in 2006, ran a season-best 24:34 (28th place) against Stanford...ran a 25:31.49 (62nd) at the Pac-10 championships. **High School:** A 2006 graduate of Cabrillo High School...individual 2005 Mt. SAC Division 3 cross country title...holds the top indoor times in the boys' one-mile and two-mile runs...2006 Nike Indoor National Champion in the boys' two-mile run...2006 Nike Outdoor National Champion in the boys' mile...runner-up in the 2005 Foot Locker National Cross Country Championships...named Cabrillo's Track MVP and Cross Country MVP...three-time Padres League MVP...his Cabrillo team was the 2004 CIF Southern Section Cross Country champion...student body vice president at Cabrillo. **Personal:** Born on Dec. 4, 1987, in Lompoc, Calif....parents are Scott and Margie Coe...sister, Danielle, attends Cal...cousin, Kirk McConnell, played water polo at Stanford (2003-05)...undeclared major.

STEVEN CONRAD

Decathlon

Senior, Grass Valley, Calif.



Junior (2007): Posted a lifetime-best 7,245 points in the decathlon at the NCAA championships, with his best finishes coming in the 100- and 400-meter dashes, taking third in each event...collected 7,214 points in the decathlon

at the Cal Multi-Events Championships; the score was also a provisional qualifier, and a Cal season best, but Conrad did not compete at the NCAA West Regional...took seventh place in the decathlon (6,565) at the Pac-10 Multi-Events championships...ran Cal's fastest 400 (lifetime-best 49.10) of the season at Pac-10s...recorded Cal's season-best long jump (23-6, 7.16 meters) at the California Collegiate Challenge...took fourth place in the heptathlon with 5,178 points at the MPSF championships...posted a lifetime- and Cal season-best 5,259 in the heptathlon to take fifth at the Roger Cox Multis...also recorded Cal season-bests in the 60-meter dash (7.05) and long jump (22-4.50, 6.82 meters) at the Roger Cox Multis.

Sophomore (2006): Scored Cal's third-best decathlon score (5211) at the Cal Multi-Events outdoor meet, second-best long jump (indoor, 7.01 meters, 23-00.00, UW Indoor Invitational)...also posted an 11.88-meter throw in the shot put (UW Indoor Invitational). **Freshman (2005):** Redshirted the outdoor season...posted Cal's season-best mark (6.91/Air Force Quad) in the men's indoor 60 meters...third in the 60-meter hurdles (8.42/Air Force Quad)...indoor's 200 meters (22.04/MPSF Championship)...also in the indoor competitions, Conrad finished the season second on the team in the long jump (7.15m/23-05.50/MPSF Championship) and heptathlon (5,039 pts./Cougar Classic)...Conrad ran the third leg of the 4x400-meter relay and helped the team post Cal's best time (3:12.98) of the season at the MPSF championships. **High School:** A 2004 graduate of Nevada Union High School...a California state finalist in the long jump...set six school records...named best overall athlete on team, among other team awards...also played football. **Personal:** Born Dec. 12, 1985, in Sacramento, Calif....parents are Chet Conrad and Barbara Hren...sociology major.

FRANCIS GADAYAN

800-1500

Junior, San Francisco, Calif.



Sophomore (2007): Advanced to the 800-meter final in the NCAA West Regional, clocking in at 1:51.23...ran his regional-qualifying and lifetime-best 1:49.97 in the 800-meter run to take fourth in the Pac-10 pre-

lim; eventually led Cal in third at 1:50.10 in the final...also posted a 3:51.38 in the 1,500 in the Jim Click Shootout and a 4:13.72 in the mile at the Brutus Hamilton Invitational...part of the All-American distance medley relay that set a school-record 9:33.77 and took second place at the NCAA Indoor Championships...ran a 1:51.95 in the 800 at the Husky Classic...took 11th at the MPSF championships with a 1:53.23 in the 800...anchored the 4x400-meter relay that clocked a 3:14.52 for fourth place at the MPSFs. **Freshman (2006):** Redshirted both indoors and outdoors...transfer from City College of San Francisco. **Cross Country (2006):** Posted his best time of 27:32.90 in the Aggie Open...also ran a 28:25.30 at the USF Invitational. **High School:** Attended Archbishop Riordan...Gadayan was a two-time MVP on his high school track team and on its cross country team...he won CCS titles in the 800 meters and with his school's 4x400 relay...also played soccer and baseball at Archbishop Riordan. **Personal:** Born May 19, 1986, in San Francisco, Calif....parents are Francis and Diane Gadayan...sociology major.

YOSEF GHEBRAY

5000-1500-10,000

Sophomore, Union City, Calif.



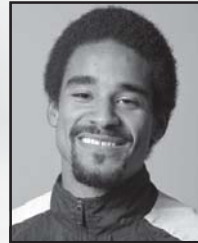
Freshman (2007): Earned a spot on the U.S. Track and Field and Cross Country Coaches Association Division I All-Academic team...ran a regional-qualifying and lifetime-best 14:03.86 in the 5000 at the Stanford

Invitational...clocked a season-best 8:08.11 in the 3000 at the Big Meet...posted a lifetime-best, Cal freshman-record and provisional-qualifying 8:05.25 in the 3,000 to take ninth at the MPSF championships. **Cross Country:** In 2007, paced the Bears at the Pac-10 championships (7th, 23:14) and the NCAA West Regional (8th, 30:14), made the all-conference first team...was one of the Bears' three core runners...in 2006, Ghebray ran a 24:38 at the Aggie Open and a 30:25.70 at the Chile Pepper Festival...in 2005, had a season-best time of 24:34 at the Stanford Invitational, in which he finished 23rd...finished 20th (25:01) at the 2005 Pac-10 championships...claimed 55th at the 2005 NCAA West Regional with a time of 31:33. **High School:** A high school All-American at Logan High School...placed 27th at 2004 Footlocker Cross Country Nationals and second at the Footlocker regional meet...finished sixth in the 3200 meters at the 2005 California state meet...as a junior, won the state cross country and 3200 meters titles...helped his high school track and field team to the 2004 state championship. **Personal:** Born May 18, 1987, in Fresno, Calif....parents are Berhane Mehari and Genet Waldemariam...his brother, Giliat, competed last year on the Cal team...history major.

JAKE HANSON

400IH-400

Junior, Yelm, Wash.



Sophomore (2007): Honorable mention Pac-10 All-Academic selection...placed eighth in the final of the 400-meter hurdles at the NCAA West Regional...posted a regional-qualifying 52.21 in the 400-meter hurdles at

the California Collegiate Challenge...clocked a lifetime-best 21.68 in the 200 to take second at the Big Meet...ran the second legs of the 4x100-meter relays that posted a season-best 41.34 to win at the Big Meet and posted a 42.15 at the Pac-10 championships...also ran on the 4x400 relays at the Jim Click Shootout (3:17.00) and Pac-10s (3:19.65)...named an Academic All-MPSF selection...took ninth place with an indoor lifetime-best 22.06 in the 200 at the MPSF championships. **Freshman (2006):** Clocks Cal's second-fastest 200-meter dash (22.07), overall, at the MPSF Indoor championships and ran on Cal's second-fastest 4x400-meter relay (3:11.77), at the Pac-10 championships...his 200 time was the Bears' top indoor time; also paced Cal with its top 60-meter dash (6.95) indoors, at the Modrall Sperling Invitational. **High School:** Awarded All-America status by *Track & Field News*, *USA Today*...selected as a Junior All-American by USA Track & Field...Washington State Track & Field annual athlete of the Year honoree...placed third at the Junior National championships (52.08)...a six-time state champion...finished first in the 110-meter hurdles, 300-meter hurdles and 200 meters his senior year...was the 110 meters hurdles, 300-meter hurdles and long jump state champion his junior year...he also placed second in the 400-meter hurdles at the Junior Olympics...holds his high school records in the 100 meters, 200 meters, 400 meters, 4x100-meter relay, 110 meters hurdles, 300-meter hurdles and long jump...helped his high school team win the state championship his freshman year...his high school coach was former Cal track and field multi-event coach Mike Strong. **Personal:** Born August 8, 1987, in Tacoma, Wash....parents are Lanny and Debra Hanson...sociology major.

AUSTIN JETT

800-1500

Freshman, Bonita, Calif.



Cross Country: Finished in eighth place (26:31) at the San Francisco Invitational...clocked in at 25:59 at the Stanford Invitational. **High School:** Named Male Athlete of the Year at Eastlake High School in 2007 and the

Mesa League Runner of the Year for cross country in 2006...picked to the San Diego All-CIF first team for cross country in 2005 and 2006...Co-

Track Athlete of the Year for the Mesa League in 2006...2007 champion in the 800 meters, 1600 meters, and 4x400 relay...selected to the first-team All-Mesa league from 2004-06... named MVP for cross country in 2006 and track in 2007...school-record holder in the 1600 meters at 4:11.69 and the 800 (1:54.01)... Co-MVP for track at Bonita High School in 2005...his Bonita Vista track team was Mesa league champions from 2003-05, and took eighth in the state meet for cross country in 2005...also a member of the 2006 Mesa League champion for track and field, which finished fourth in the San Diego Division I meet...named to the San Diego Union-Tribune all-academic first team for cross country in 2006 and track in 2006-07...made the principal's honor roll. **Personal:** Born Oct. 13, 1988, in San Diego, Calif....parents are Darrell and Stacy Jett...has one brother...cousin, Daniella, graduated from Cal in 2005...father, Darrell, was an NCAA Division II All American at Cal State East Bay for men's swimming...mother, Stacy, ran track and cross country at San Diego State...grandfather played for the San Francisco 49ers in the 1950s...relative, Marico Bardales, was the 1978 NCAA champion in the decathlon, scoring 8,007 points and recorded a UC Irvine javelin record of 239 feet and nine inches...also played baseball when he was younger, competing in numerous all-star competitions...traveled to France, England and Ireland with his family in 2005...some pets he owns include horses, chickens and goats...undeclared major.

KARI KARLSSON

Distance

Freshman, Reykjavik, Iceland



Cross Country: Made his debut at Cal at the Pre-NCAA meet...came in 30th at the Pac-10 championships (23:51)...clocked in at 21:16 (44th) at the NCAA West Regional. **High School:** Won Icelandic championships in the 1500 meters, 3000, 5000, 10,000, 4x800, 4x1500 and half marathon...competing for his club team, Bredidablik, won a national championship in indoors in 2007...holds the club record in the 3000, 5000 and 10,000...competed in the Games of the Small States of Europe, Nordic Championships in the 10,000 and in cross country, European championships and other national junior team competitions. **Personal:** Born May 19, 1986, in Sheffield, England...parents are Karl G. Kristinsson and Hadda Bjork Gisladdottir...one of three siblings...also played basketball and soccer...hopes to attend graduate school...undeclared major.

COLIN KENNEDY

Javelin

Freshman, Santa Barbara, Calif.

High School: Earned a mark last year of 183-25...also played basketball at Laguna Blanca High School in 2003-04 and football and volleyball



Pennsylvania...father, Bruce, also competed in the javelin at Cal...undeclared major.

TOJSH KENNEDY

100-200-400

Freshman, Hawthorne, Calif.



High School: A four-time MVP of Bishop Montgomery High School track and field team...also named high school's Sportsman of the Year in 2007...best times include a 47.9 in the 400 meters and a 21.97 in the 200 meters...also played varsity basketball...helped bring his team from last to third place in the junior Olympics. **Personal:** Born July 24, 1989, in Hawthorne, Calif....parents are Bill Kennedy and LaJuana White...has three sisters and one brother...sister, Mischa, attends Cal...undeclared major.

CRAIG KENT

Shot Put-Discus

Senior, Spokane, Wash.



Junior (2007): Took 17th in the discus at the NCAA West Regional with a mark of 174-6 (53.20)...posted a regional-qualifying and lifetime-best 177-9 (54.19 meters) in the discus to place 13th at the Pac-10 championships...recorded Cal's top mark of the season in the shot put (54-7.25) to place fourth at the California Collegiate Challenge...was fourth in the javelin with a mark of 166-9 (50.84) at the Big Meet...posted Cal's top indoor mark in the shot put with a 55-5.75 (16.91) at the Dan DeHart Invitational. **Sophomore (2006):** Finished 17th in the shot put (16.14 meters, 52-11.50) at the NCAA West Regional...notched Cal's top throw in the shot put (17.01, 55-09.75) at the Big Meet...had Cal's fourth-best discus mark (51.03, 167-05), at the Johnny Mathis Invitational and fifth-best javelin mark (53.56, 175-09) at the Bay Area Blast Off...redshirted the indoor season. **Freshman (2005):** Kent posted Cal's second-best mark of the season in the shot put (58-02.00/Holiday Inn Invite - indoor), in the discus (169-06/Modesto Relays), and his season-best mark in the javelin (171-06/Illinois). **(2004):** Redshirted...a 2004 Verizon Junior All-American in shot put and discus. **High School:** Graduate of Central Valley High

in 2004. **Personal:** Born May 31, 1989, in London, England...parents are Bruce and Barbara Kennedy, and both attended Cal...his aunt and uncle also attended Cal...has one sister, Heather, who competes in the javelin for the University of

School...team captain in 2003...Greater Spokane League Athlete of the Year in 2003...2003 Washington state champion in shot put and discus...set school records in shot put, discus and javelin...played three years varsity football...2003 MVP of Greater Spokane League - Defense. **Personal:** Born July 19, 1985, in Mead, Wash....parents are Steve and Sue Kent...Steve Kent played football at Eastern Washington...American studies major.

GRIGORE KEY

Pole Vault

Junior, San Jose, Calif.



Sophomore (2007): Finished second among the Bears in the pole vault at the Big Meet (14-7.25, 4.45m). **Santa Clara (2004-06):** Attended Santa Clara before coming to Cal before his sophomore season. **High School:** A 2004 graduate of Bellarmine College Prep. **Personal:** Born Oct. 2, 1986, in Atlanta, Ga....parents are Charles Key and Rodica Schileru...undeclared major.

PATRICK KOWALSKY

Shot Put-Discus

Freshman, Denver, Colo.



Freshman (2007): Redshirted indoor and outdoors. **High School:** A 2006 graduate of J.K. Mullen High School...placed in the top five in shot put in the 2004 and 2005 Colorado state meets...two-time regional shot-put champion...2006 regional discus champ...a football letterman and team captain as a senior. **Personal:** Born Nov. 11, 1987, in Denver, Colo....mother is Barb Kowalsky...undeclared major.

CAMERON KROLL

Pole Vault

Freshman, Reno, Nev.



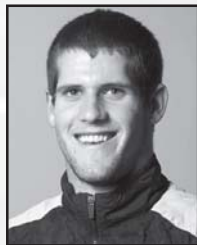
High School: Two-time state champion on pole vault in 2006 and 2007...two-time Northern Nevada regional champion in 2006 and 2007...high school All-American...state meet record and all-time prep high school pole vault record at 17...recorded the six best vaults in Nevada prep history (16-5, 16-6, 16-6, 16-8, 16-9 and 17)...was the first Nevada high school junior to notch a mark of 16...earned a No. 5 national ranking in the 2007 outdoor season and a No. 10 national ranking in the 2007 indoor season...two-time all-region first-team selec-

tion in 2006 and 2007...two-time all-state academic team pick in 2006 and 2007...2007 adidas Golden West Invitational champion...2007 Gatorade Track and Field Nevada Athlete of the Year...silver medalist at the USATF junior Olympic national championships in 2007...also played football in high school during his freshman and sophomore year. **Personal:** Born March 25, 1989, in Reno, Nev....parents are Eric and Christie Kroll...has one sister, Kara...grandfather was a running back at Boise State...hopes to attend medical school and become a doctor...undeclared major.

KEVIN KUECHLER

Decathlon

Freshman, Mission Viejo, Calif.



High School: Accumulated 10 national medals from 2004-07...an All-American in the decathlon...best times and marks while attending Mission Viejo High School include 23 feet in the long jump, a time of 14.40 in the 110-

meter hurdles, 176 feet in the javelin, 13 feet in the pole vault, a time of 39.09 in the 300-meter hurdles and 45 in the triple jump...competed in the junior Olympics this past summer. **Personal:** Born May 21, 1989, in Mission Viejo, Calif....parents are Jim and Lois Kuechler...has one sister, Kathleen...undeclared major.

ERIC LEE

1500-800-5000

Senior, San Rafael, Calif.



Junior (2007): Cal's top finisher in the 800 meters at the Aggie Open (1:54.02) and in the 1500 meters at the California Collegiate Challenge with a new personal-best time of 3:49.58...finished second among the Bears and

PRed in the mile at the Brutus Hamilton Invitational (4:10.54). **Sophomore (2006):** Outdoors, ran Cal's third-best 800 (1:52.76, USF Invitational), fourth-best mile (4:15.26, Bay Area Blast Off), sixth-best 1500 (3:56.39, Hornet Invitational) and sixth-best 3000 (8:45.73, Hornet Invitational)...redshirted the indoor season. **Freshman (2005):** Lee posted his season-best mark (1:54.99) of the season in the 800 at the Golden Bear Invitational. **Cross Country:** In 2007, paced the Bears' at the San Francisco State Invitational (fourth, 25:34)...in 2006, had Cal's best performance in the USF Invitational (26:33.60, 5th place)...finished 73rd (26:17.78) at the Pac-10 championships. **High School:** Lee graduated from Sir Francis Drake High School...a two-time team MVP...PRs include 49.3 in the 400 meters, school record 1:52.23 in the 800 meters, 4:27.09 in the mile, and 42-2 in the triple jump. **Personal:** Born Aug. 26, 1986, in Greenbrae, Calif....mother is

Cynthia Farina...has one sister, Lisa, who played basketball at Cal State Hayward...cognitive science major.

PATRICK LYNCH

5000-10,000

Freshman, Davis, Calif.



Cross Country: At the Stanford Invitational, toured the course in 26:23...crossed the finish line in 10th place (26:32) at the San Francisco Invitational. **High School:** Earned the best 1600-meter and 3200-meter times at Davis Senior High School, recording a time of 4:21 in the 1600 and 9:24 in the 3200. **Personal:** Born Nov. 18, 1988, in Davis, Calif....parents are Steve and Teresa Lynch...sister, Alison, is currently a senior at Cal...hopes to enter a career in environmental science and business...undeclared major.

THOMAS MACK

110H-100-200

Senior, Bakersfield, Calif.



Junior (2007): Posted a regional-qualifying time of 13.87 in the 110-meter hurdles prelim at the California Collegiate Challenge, in which he took fifth in a regional-qualifying 14.07 in the final...clocked a 13.98 to place fourth in the

110 hurdles at the NCAA West Regional...at the NCAA championships, advanced to the semifinal of the non-decathlon 110-meter hurdles by running a time of 13.90 and taking 14th place in the preliminaries, and later in the semifinal, he ran a lifetime-best 13.74, but placed 11th and did not advance to the final...competed in the 110-meter hurdles at the USA championships...led off the 4x100-meter relay that posted a season-best 41.34 to win at the Big Meet...in all, Mack won four events at the Big Meet, including the 200 (lifetime-best 21.62), 100- (wind-aided 10.57) and 110 hurdles (wind-aided 13.95)...ran a provisional-qualifying and lifetime-best 7.96 in the 60-meter hurdles prelim at the MPSF championships...clocked a season-best 22.59 in the 200 at the Dan DeHart Invitational. **(2006):** Redshirted outdoors...during the indoor season, recorded a lifetime-and Cal season-best 8.03 in a qualifying heat of the 60-meter hurdles and later took eighth in the final at the MPSF championships...ran a lifetime-best 7.02 in the 60 meters in the Arizona-California Challenge. **Sophomore (2005):** Ran Cal's best time of the season in the 110-meter hurdles (14.12/Illinois) and the season's best time in the 400-meter hurdles (52.49/Brutus Hamilton)...ran the last leg of the 4x100-meter relay and helped his team earn the best mark of the season in the NCAA West Regional (40.53).

Freshman (2004): A Pac-10 qualifier in the 110-meter hurdles with a season best mark of 14.42 at the Big Meet...also posted his season best in the 400-meter hurdles (53.92) at the Big Meet. **High School:** A 2003 graduate of Bakersfield High School...2002 California state champion in 110HH and 300IH...Bakersfield High School was 2002 California state team champion. **Personal:** Born Aug. 28, 1985, in Bakersfield, Calif....mother is Cynthia Sosa...French major.

MARTIN MARIC

Discus-javelin

Junior, Split, Croatia



2007: Represented Croatia in the javelin and the discus at the World University Games last summer...took eighth in the discus with his mark of 56.32...he didn't advance to the final in the javelin...in the qualifying round, he

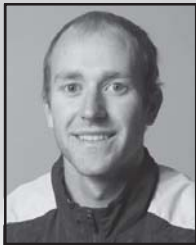
notched a 65.15, good enough for ninth in his group. **Sophomore (2006):** Earned All-America honors at Georgia after taking sixth in the javelin at the NCAA championships...finished second in the discus with a PR of (190-1) at the NCAA East Regional...recorded a personal best in the javelin at the regional with a throw of 237-3...was the runner-up in the discus at the SEC championships after registering a throw of 180-4...also took second in the javelin at the conference meet with a throw of 225...finished 11th in the shot put at the SEC championships with a mark of 53-9.75...had a mark of 53-5 in the shot put at the SEC championships. **Freshman (2005):** Topped all of his teammates with a 187-00 discus throw, which was the third-longest in school history, in the NCAA regional and took fourth place...finished in 18th place in the NCAA regional (176-00)...won the Georgia Invitational with a throw of 184-08...had nine finishes in the discus of fifth place or better during his first spring outdoor season...placed seventh in the NCAA regional in the javelin (209-07) and grabbed the 10th spot in Georgia history in the event...took third place in the SEC championships with a throw of 209-06...also placed first in both the javelin and discus at the 2005 Croatian championships. **High School:** Placed second in discus in 2003 European junior championships...runner-up in javelin and third in discus at 2004 Croatian National championships...competed in the World Youth championships and secured a 13th-place finish...participated in the World Junior championships in Jamaica and placed 23rd. **Personal:** Born April 19, 1984, in Split, Croatia...parents are Viseslav and Veronica Maric...undeclared major.

MARK MATUSAK

1500-5000

Junior, Torrance, Calif.

Sophomore (2007): Earned a spot on the U.S. Track and Field and Cross Country Coaches



Association Division I All-Academic team...placed 12th in the 1500 at the NCAA West Regional with a time of 3:49.86...posted a regional-qualifying 3:46.20 in the 1500 in the Jim Click Shootout...also collected a lifetime-best 1:52.56 in the 800 at the Payton Jordan Cardinal Invitational...rana 4:10.94 in the mile at the California Collegiate Challenge...notched an 8:23.16 in the 3000 at the Big Meet and a lifetime-best 14:16.28 at the Stanford Invitational. **Freshman (2006):** In outdoors, clocked a lifetime-and Cal season-best 3:45.04 when he was sixth in the 1500 meters at the Pac-10 championships...also 12th (14:35.81) in the 5000 meters at Pac-10s...ran his lifetime-best 14:31.31 in the 5000 in the Big Meet...tallied a lifetime-best 8:06.18 in fifth place in the 3000 at the MPSF Indoor championships. **Cross Country:** In 2007, crossed the finish line in the top 15 three times this season, including an eighth-place showing at the Pac-10 championships, in which he also earned his best time of the year (23:16)...an All-Pac-10 second-team choice...in 2006, was a second-team Pac-10 All-Academic pick...took 23rd (24:18.57) at Pac-10s...2005 Pac-10 Newcomer of the Year...Cal's top performer at the Stanford Invitational, finishing 17th with a season-best time of 24:24...Cal's second-best finisher at the 2005 Pac-10 championships (17th, 24:56) and the 2005 NCAA West Regional (21st, 30:53.6). **High School:** *Track & Field News* All-American...captured a bronze medal in the 1500 meters (3:49.81) at the 2005 Pan Am Junior Championships after winning the event (PR: 3:47.07)...won the state 1600 title as a junior and senior at Loyola High School...took first at the 2003 and 2004 Division II State Cross Country Championships...holds school records in the 1600 meters (4:07.94), 3000 meters (8:25.28), 3200 meters (8:47.93) and two-mile (8:51.13). **Personal:** Born June 27, 1986, in Torrance, Calif....parents are Jan and Elizabeth Matusak...undeclared major.

PHIL McKENNAN

5000-10,000

Freshman, Sacramento, Calif.



Cross Country: Ran in the first two races of the season...earned a 12th-place finish (26:36) at the San Francisco Invitational...clocked in at 26:11 at the Stanford Invitational. **High School:** Recorded a 9:24 in the 3200 as a junior and finished 18th at the state meet for Jesuit High School...ran a 15:26 in the 5000...high school was state champions in cross country in 2005 and 2006...team MVP in cross country in 2006...won section title for cross country in 2006...won track section title in the 3200 meters in 2005...Jesuit high took seventh in 2005 and fourth in 2006 at Nike Team nationals...honor roll all 4 years...

awarded the Volunteer award for most hours as a freshman and senior. **Personal:** Born May 6, 1989, in Sacramento, Calif.... hopes to attend grad school and pursue business...hobbies include skiing, golf, tennis, poker...spent last summer in Hawaii with friends...parents Kevin and Janice McKennan...has two sisters...father played golf and soccer at University of Rochester...grandfather played tennis at Rollins University...cousin Chris Willmore attended Cal...undeclared major.

MATTHEW K. MILLER

3000SC-1500

Junior, Manhattan Beach, Calif.



Sophomore (2007): Earned a spot on the U.S. Track and Field and Cross Country Coaches Association Division I All-Academic team...ran a regional-qualifying and lifetime-best 9:06.29 to place 11th in the 3000-meter steeplechase at the Pac-10 championships...other top times on the season include a 1:57.20 in the 800 (Jim Click Shootout), 3:59.85 in the 1500 (Aggie Open) and 4:10.49 (lifetime best, Brutus Hamilton Invitational). **Freshman (2006):** Outdoors, recorded his lifetime-and Cal's season-best 9:14.61 in the 3000-meter steeplechase in the Big Meet...ran Cal's fifth-best times in the 1500 meters (lifetime-best 3:55.66, Hornet Invitational) and 3000 meters (lifetime-best 8:43.34, Hornet Invitational)...notched Cal's sixth-best 800 meters (lifetime-best 1:56.97, Brutus Hamilton Invitational)...redshirted indoor season. **Cross Country:** In 2007, took fifth at the San Francisco State Invitational...in 2006, took eighth (26:48.50) at the USF Invitational...in 2005, Miller had a season-best time of 25:20 (63rd) at the Stanford Invitational...was 68th (26:52) at the 2005 Pac-10 championships. **High School:** Graduated from Loyola High School, where he led his team to the 2002 CIF and State Division I Cross-Country Championship, 2004 CIF and State Division II Cross-Country Championship, and the 2003 and 2004 CIF Division II Track Championships...earned all CIF honors in cross country in 2002...finished third in the 3200 meters at the CIF championships in 2005...also lettered in cross country and soccer. **Personal:** Born Jan. 31, 1987, in Redondo Beach, Calif....parents are Chris and Maureen Miller...mass communications major.

MATT H. MILLER

5000-10,000

Freshman, Orange, Calif.

High School: Recorded times of 4:33 in the 1600 meters and 9:39 in the 3200 meters, earning a third-place finish while competing at El Modena High School...three-year letterman in cross country...scholar-athlete and a member of the National Honor Society. **Personal:** Born Aug. 23, 1989, in Laguna Hills, Calif....parents are Stephen



and Birgit Miller...hopes to attend graduate school and enter a career in international business...tore an ankle ligament last year after the cross country season...hobbies include rock climbing and playing the guitar...undeclared major.

KYLE MILLS-BUNJE

Decathlon-Pole Vault

Freshman, Menlo Park, Calif.



Freshman (2007): At the Roger Cox Multis, secured a high jump mark of 6-2.75 (1.90m) and a long jump mark of 21-5 (6.54m). **High School:** Graduated from Saint Francis High School...as a senior, was third in the long jump in the CIF championships...as a junior, was second in long jump, second in pole vault, third in triple jump and fifth with the 4x100-meter relay at CCS championships. **Personal:** Born Dec. 11, 1987, in Stanford, Calif....parents are Eric Bunje and Leslie Mills...undeclared major.

MILES PALACIOS

Throws

Junior, Lafayette, Calif.



Junior College: Spent the previous two years at Diablo Valley College...second all-time in the hammer at DVC with a throw of 16-9...made the Big 7 Conference Field MVP team...graduated with honors. **High School:** Only ran track his senior year and played basketball for two years. **Personal:** Born Dec. 21, 1986, in Berkeley, Calif....parents are Gary and Frances Palacios...parents live in Mexico...godfather, Nelson Estrada, attended Cal in the '70s...hopes to get a master's in business...has traveled throughout Latin America, including Puerto Rico, El Salvador, Guatemala, Nicaragua, Costa Rica and also eight states in Mexico...interdisciplinary studies major, focusing on trade and globalization.

NICK PALLADINO

800-1500

Freshman, San Carlos, Calif.

Cross Country: Participated in the first three competitions of the season...toured the course in 13:10 on the 4K run at the Stanford Invitational. **High School:** While attending Carlmont High School, was named MVP in 2005-06...won the distance medley relay at the Mount Sac. Invitational and the Stanford Invitational...also at the 2007 Mount Sac Invitational, won the 4x Mile relay

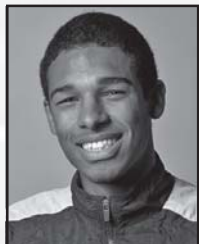


and the distance sweepstakes...personal bests include, 1:54.39 in the 800 and 4:23 in the mile...made honor roll every year in high school. **Personal:** Born Oct. 4, 1988, in San Mateo, Calif....parents are Mike and Tami Palladino...has three brothers and a sister...undeclared major.

JORDAN PAUL

110H-100

Junior, Los Angeles, Calif.



Sophomore (2007): Clocking a regional-qualifying and lifetime-best 14.10 in the 110-meter hurdles prelim at the California Collegiate Challenge, in which he was sixth (regional-qualifying 14.14) in the final...collected a lifetime-best 56.54 in the 400 hurdles at the Big Meet...ran a season-best 11.17 in the 100 prelim at the California Collegiate Challenge...posted an outdoor season-best 22.54 in the 200 at the Jim Click Shootout...ran a lifetime-best 7.30 in the 60-meter hurdles at the Husky Classic...posted a season-best 22.52 in the 200 to place 18th at the MPSF championships. **Freshman (2006):** Outdoors, ran lifetime bests in the 110-meter hurdles (14.58) and 400 hurdles (57.20) at the Big Meet...indoors, ran a lifetime-best 22.07 in the 200 meters in the Arizona-California Challenge...had 8.18 lifetime best in 60-meter hurdles at the MPSF championships. **High School:** On his Loyola Prep team he was awarded Rookie of the Year in 2003, Most Improved in 2004 and Most Inspirational in 2005...two-time CIF Southern Section Division II Champion...CIF state runner-up in 2005. **Personal:** Born April 2, 1987, in Los Angeles, Calif....parents are Brent and Sandra Paul...undeclared major.

ANDRES PEREZCHICA

Middle Distance

Senior, Cathedral City, Calif.



Junior (2007): Came in second among the Bears in the 800 meters at the Pac-10 championships (1:51.19)...a member of Cal's second and third-best relay performances of the season (3:16.42 Brutus Hamilton Invitational, 3:16.68 Big Meet). **Cross Country:** Ran a 13:25 in the Stanford Invitational...redshirted in 2003. **High School:** A 2003 graduate of Cathedral City High School...fourth in his graduating class with a 4.23 GPA...set a school record 1:56.05 in the 800 meters and ran a 4:35 in the 1600 meters in 2003...800-meter champion in

Desert Valley League in 2002...posted a 15:57 over three miles in 2002...clocked in at 10:02 in the 3200 in 2001...named all-league (2000-2002)...Cathedral City took the DVL championship in 1999 and placed second three times (2000-2002). **Personal:** Born Oct. 27, 1985, in Palm Springs, Calif....parents are Juan and Elsa Perezchica...Chicano studies major.

NICK PORTER

Sprints

Freshman, Sherman Oaks, Calif.



High School: Won the CIF Division III championships all four years at Notre Dame High School...won the 2007 Mission league championships in the 100, 200, 4x100 and 4x400...claimed the state 4x100 championship in 2006...named Most Valuable Runner...made the *Daily News*' All-Area team in 2007...Notre Dame was the 2006 runner-up at the California state meet and the 2003 and 2007 Mission League champions...holds the school record in the 4x100 (41.27), 100 (10.56) and the 200 (21.53)...also played football in high school...made the Mission League all-academic team in 2007. **Personal:** Born July 8, 1989, in Chicago...parents are Bryce and Kim Porter...has a brother and a sister...uncle, Richie, was a professional tennis player...post-graduate plans include sports marketing...undeclared major.

RYAN SHULER

Pole Vault

Sophomore, Granite Bay, Calif.



Freshman (2007): Took 13th in the pole vault with a mark of 16-7.25 (5.06 meters) at the NCAA West Regional...notched a Cal season-best and regional-qualifying 17-0.75 in the pole vault at the UCSD Triton Invitational...posted a 16-7.50 (5.07 meters) in the pole vault at the Dan DeHart Invitational...Also took 10th in the pole vault at the MPSF championships with a 15-11.75 (4.87). **High School:** First freshman to win a California state championship, in 2003...outdoors, ranked No. 2 in nation as a senior at Granite Bay High School, where he was a team captain in his final year...set the freshman state record (16 feet) and the sophomore state record (16-6)...his 17-4 mark is No. 5 in the all-time state rankings...2004 Verizon All-American...played three years varsity soccer...won the Granite Bay Scholar-Athlete Award. **Personal:** Born on April 2, 1987, in Los Gatos, Calif....parents are Sharon and Thomas Shuler...grandfather, Harold Shuler, attended Cal...undeclared major.

STEVE SODARO

Steeplechase

Sophomore, Tiburon, Calif.



Freshman (2007):

Posted Cal's second-best steeplechase with a regional-qualifying and lifetime-best time of 9:04.41 to take ninth at the Pac-10 championships...ran a season-best 2:00.59 in the 800 at the Jim Click Shootout...recorded a lifetime-best 14:39.27 to take seventh in the 5000 at the MPSF championships. **Cross Country:** Did not compete in 2007...in 2006, led Cal with an 11th-place finish (26:12.30) at the Aggie Open...was 52nd (24:59.20) at the Pac-10 championships. **High School:** Captained both the cross country and track teams at Redwood High School...800, mile and two-mile champion in the Marin County Athletic League in 2006 and the 2005 MCAL cross country champ...was the NCS Division 2 cross-country winner in 2005. **Personal:** Born Dec. 26, 1987, in San Francisco, Calif....parents are Robin and Vicki Sodaro...mother, Vicki, attended Cal...undeclared major.

J.P. SUDDABY

Sprints

Senior, Aurora, Ontario, Canada



Junior (2007): A member of Cal's best 4x100-meter and 4x400-meter relay performances of the season, with the 4x100 relay clocking in at 41.34 at the Big Meet and the 4x400 relay finishing at 3:14.52 at the MPSF Indoor championships...his 4x100 relay came in at 42.15 at the Pac-10 championships...contributed in two other impressive 4x400 performances (3:17.00 Jim Click Shootout, 3:17.50 Hampton Inn & Suites Classic)...garnered a new PR in the 100 meters at the Jim Click Shootout (11.37)...also claimed a time of 22.57 in the 200 meters at the Brutus Hamilton Invitational...finished at 49.29 in the 400 meters at the California Collegiate Challenge. **Sophomore (2006):** Outdoors, ran on the second leg of Cal's fastest 4x400-meter relay (3:11.74, Texas Relays) and the second leg on Cal's third-fastest 4x100-relay (41.98) at the Big Meet...indoors, ran a season-best time in the outdoor 400 meters (49.18)...recorded a season-best time in the 200 (22.55) at the MPSF Indoor championships. **Freshman (2005):** Ran the third leg of the sprint medley relay (3:23.09) whose time ranks second all-time at Cal...posted Cal's second-best mark of the season in the 400 meters (47.79/Jim Bush Invitational), season-best time of the season in the 200 meters (22.22/Big Meet) and ran the second leg of the 4x400 meters relay to help his team earn its best time (3:09.15) of the season at the Pac-10 championships...during indoors, recorded the

second-best time in the 400 meters (48.00/MPSF Championship) and ran the second leg of the 4x400 meter indoor relay that set Cal's best time of 3:12.98 at the MPSF championships... qualified for the Canadian Senior Nationals in the 400 meters. **(2004):** Redshirted outdoors... posted a season best of 49.22 in the 400 meters at MPSF Indoor championships. **High School:** Attended St. Andrews College... three-time track MVP... played four years of varsity soccer and three years of hockey. **Personal:** Born Nov. 15, 1985, in Newmarket, Ontario, Canada... parents are Keith and Colleen Suddaby... political science major.

DAWIT TEFASILASSIE

Distance

Junior, Santa Rosa, Calif.



Sophomore (2007): Set a new PR in the mile at the Brutus Hamilton Invitational (4:16.55)... clocked in at 4:04.20 in the 1500 meters at the Big Meet.

Freshman (2006): Outdoors, ran lifetime bests in the 1500 meters (3:56.92,

Hornet Invitational), 3000 (8:51.70, Hornet Invitational) and 5000 (15:33.34, Stanford Invitational).

Cross Country: In 2007, claimed 15th place (27:02) at the San Francisco State Invitational and clocked in at 25:26 at the Pac-10 championships... did not compete in 2006... redshirted the 2005 season. **High School:** Graduated from Piner High School in Santa Rosa, Calif., where he earned MVP in 2001, 2002 and 2003... also lettered in soccer. **Personal:** Born Oct. 27, 1985, in Eritrea... parents are Genet Debresion and Tsegaye Amaha... undeclared major.

JOEY THOMAS

Middle Distance

Freshman, Lafayette, Calif.



Cross Country: Saw action in the Stanford Invitational, clocking in at 13:22 on the 4K run in that event. **High School:** Named Most Outstanding Track Athlete for three years at Acalanes High School... school record holder in the

800 meters... qualified for the state track championships three times and the state cross country championships four times... last year in the Junior Olympics, took fourth place in the 4x800-meter race... played one year of varsity soccer and earned the Coach's Award... earned the California Scholarship Federation's Lifetime Award... and won scholar-athlete awards all four years. **Personal:** Born May 23, 1989, in Walnut Creek, Calif.... parents are Ramsay and Janet Thomas... father, Ramsay, was the first person in the state of Maryland to break 50 seconds in the 400-meter run, while competing at the University of Maryland... uncle, Brook,

was an All-American cross country runner... has two sisters... hopes to become a Division I track and field coach... undeclared major.

DAVID TORRENCE

Distance

Senior, Tarzana, Calif.



Junior (2007): Set the school record in the mile at the California Collegiate Challenge, winning in 3:58.62 to break the almost-50-year old record held by former Cal great Don Bowden... ran a regional-qualifying, lifetime-

best and Cal season-best 1:49.87 to win the 800 prelim at the Pac-10 championships, in which he took fifth in the final in 1:50.76... clocked a regional-qualifying 3:47.05 to take second in the 1500 at Pac-10s... posted a 3:48.72 to finish 11th in the 1500 at the NCAA West Regional... at the NCAA championships, just missed qualifying for the final in the 1500 meters when he clocked in at 3:43.43 and placed 13th... placed 13th at the USA championships in the 1500 (3:40.80)... clocked an 8:16.63 in the 3,000 at the Big Meet to rank seventh all time at Cal... his 3:43.62 in the 1500, set in 2004, ranks seventh on Cal's all-time list... led off the All-American distance medley relay that set a school-record 9:33.77 and took second place at the NCAA Indoor Championships... ran a provisional-qualifying and then lifetime-best 4:01.80 in the mile and a lifetime-best 1:53.40 in the 800 at the Husky Classic... clocked an altitude-adjusted 8:19.78 in the 3000 at the Dan DeHart Invitational. **Freshman (2004):** In 2004, ran a mile time of 4:07.55 at the Brutus Hamilton Invitational... in the 1500 at the IAAF World Juniors, set a Cal freshman record time of 3:43.62... set a personal best of 1:52.03 in the 800 at the Golden Bear Qualifier.

Cross Country: In 2007, finished first among the Bears in three meets in 2007 and recorded three top-10 finishes... claimed All-Pac-10 second-team honors... took third place (23:25) at the Stanford Invitational... paced Cal at the Pre-NCAA meet and came in ninth at the Pac-10 championships at the NCAA West Regional... in 2006, earned all-region honors after taking 13th (30:34.99) in the NCAA West Regional... selected second-team All-Pac-10 after finishing 11th (23:44.83) at the 2006 Pac-10 championships... as a freshman, took 44th at the 2003 Pac-10 championships at 26:28.60... at the 2003 NCAA West Regional, finished in 73rd at 31:36. **High School:** As a senior at Loyola High School, was a member of his school's cross country state and CIF championship team... as a senior, was third at the California state meet in the 1600 meters (4:11.5). **Personal:** Born Nov. 26, 1985, in Okinawa, Japan... parents are Bill Handley and Bianca Torrence... ethnic studies major.

ED WRIGHT

High Jump

Senior, Oakland, Calif.



Junior (2007): Garnered indoor and outdoor All-America honors when he took sixth in the men's high jump at both the NCAA indoor and outdoor championships... set a new lifetime-best mark with a 7-3.25 to win the

high jump at the NCAA West Regional... the 7-3.25 score ties Wright for seventh on Cal's all-time list... won the Pac-10 title in the high jump with a 7-3 (2.21 meters), which tied his lifetime-best mark... he also jumped that height to win the Payton Jordan Cardinal Invitational... competed at the USA championships, taking 10th overall 7-01.75 (2.18 meters)... tied for sixth at last year's NCAA West Regional (6-9)... posted a Cal school-record and NCAA provisional-qualifying 7-2.5 to win at the MPSF championships. **Sophomore (2006):** During indoors, jumped a season-best 2.13 meters (6-11) at the Tyson Invitational... outdoors, won the high jump (1.98 meters, 6-06) at the Big Meet and at the Brutus Hamilton Invitational (2.05 meters, 6-08). **Freshman (2005):** Recorded Cal's second-best score of 6-11.75 (2.13m) in the high jump at the Pac-10 championships. **High School:** Wright completed a successful high school career at St. Mary's of Berkeley before graduating in 2004... honors included the California state high jump title, winning at the prestigious Golden West Invitational, finishing second at the USATF Junior Nationals and being named Verizon USATF Jr. All-American in 2004... played two years of basketball. **Personal:** Born March 3, 1986, in Nairobi, Kenya... parents are Mal Whitefield and Harriet Wright... Mal ran track for Ohio State and competed in the 1948 and 1952 Olympic Games, winning three gold medals, two silvers and a bronze... social welfare major.

RYAN YOUNG

Javelin

Sophomore, Silverdale, Wash.



Sophomore (2007): Redshirted the outdoor season, and did not compete in indoors. **Freshman (2006):** Redshirted the indoor season... during outdoors, set a Cal freshman record in the javelin (70.98 meters, 232-10) at

the Hornet Invitational. **High School:** A two-time state champion, held the North Kitsap High School record in the javelin... state meet record holder in 2005... earned team MVP in 2005... meet champion in the Washington vs. Oregon meet... also lettered in basketball and was awarded Narrows League MVP. **Personal:** Born Jan. 3, 1987, in Brewerton, Wash.... parents are Brad Young and Kathy Felix... undeclared major.

2008 ATHLETE PROFILES - WOMEN

NATALYA BENEBY

400H-400

Freshman, Nassau Bahamas



High School: Came to Cal with a current PR of 1:00.58 in the 400-meter hurdles...also played soccer at St. Andrew's High School, named MVP of the U 19 national soccer team in 2004...competed for the Star Trackers track and

field club team. **Personal:** Born May 8, 1989, in Nassau Bahamas...parents are Jeffrey and Andra Beneby...has two sisters...business major.

KANDI BONTY

100-200-400

Junior, Los Angeles, Calif.



Sophomore (2007): Honorable mention Pac-10 All-Academic selection...a member of Cal's 4x400-meter relay that finished in 18th at the NCAA championships, and the time ranks that quartet (Bonty, Mackenzie Pierce, Brook

Turner and Alysia Johnson) third on Cal's all-time list...led off Cal's third-place 4x400-meter relay that ran a time of 3:36.62 at the NCAA West Regional...posted Cal's second-fastest time this season in the 200, with a lifetime-best 24.31 in the prelim at the Pac-10 championships, at which she took eighth in the final...ran on victorious 4x400-meter relay that clocked a regional-qualifying 46.85 at the Big Meet...posted a lifetime-best 56.61 in the 400 at the MPSF championships...other season bests include a 7.82 in the 60 and a 24.92 in the 200 at the Husky Classic.

Freshman (2006): Ran Cal's third-best time in the 100 meters (12.09, Texas Relays), third-best time in the 200 (24.67, Hornet Invitational) and fourth-best time in the 400 (lifetime-best 57.30, Big Meet). **High School:** Two-time CIF state qualifier in the 100 meters...came to Cal with an 11.85 personal record in the 100 meters...ranked among the top 25 as a senior in the 100 meters...a four-time MVP in 2002, 2003, 2004 and 2005...Captains Award winner in 2004 and 2005...also lettered in basketball for two years and was a two-time MVP in 2002 and 2004...basketball Defensive Player of the Year. **Personal:** Born May 19, 1987, in Los Angeles...hopes to attend medical school and become a sports physician...parents are Golden Garrett and Kana Bonty...legal major.

KIMYON BROOM

100H-100

Sophomore, Inglewood, Calif.



Freshman (2007): Notched Cal's fastest 100-meter hurdle time of the year with a regional-qualifying 13.77 to take fifth at the California Collegiate Challenge...ran Cal's fastest 100-meter dash with a 12.20 to place fourth at the

Big Meet...ran Cal's fastest 60-meter hurdles with an 8.50 in at the Husky Classic...also ran a lifetime-best 8.01 in the 60 at the Dan DeHart Invitational and a lifetime-best 25.71 in the 200 at the Husky Classic. **High School:** Attended Junipero Serra High School...CIF Division 4 champion in the 100 hurdles (2004-06) and in the 300 hurdles (2004-05)...2005 state runner-up in 100 hurdles...high school team was CIF Division 4 champion in 2003 and runner-up in 2004. **Personal:** Born May 17, 1988, in Los Angeles, Calif...parents are Pamela and Keith Broom, Sr...undeclared major.

TAYLOR BRYSON

1500-5000

Freshman, Costa Mesa, Calif.



Cross Country: Competed in all but one meet last fall...claimed 11th place (23:08) at the San Francisco State Invitational...clocked in her best time of the year at the San Francisco Invitational at 18:56 and came in 14th.

High School: PRed in the 1600-meter run last year with a time of 4:58...placed sixth in the 1600 at the CIF finals in 2006 and 2007...a first-team All-CIF selection for cross country in 2006...part of the Newport Harbor High School team that placed second at the state meet in 2005 and 2006...made the honor roll all four years of high school...a member of the California Scholarship Federation. **Personal:** Born July 19, 1989, in Long Beach, Calif...parents are Richard Bryson and Cameron Williams...father played baseball at Long Beach State and minor league baseball for the Los Angeles Dodgers...one of four siblings...brother, Trent, was a steeplechaser for UC Santa Barbara and ran on the Nike Farm Team...hopes to work in business or sports medicine...undeclared major.

KAYLA DIXON

100-200

Freshman, Winnetka, Calif.



High School: Named Most Valuable Runner all four years at Grover Cleveland High School...CIF state qualifier in the 100 all four years and three times in the 200 meters...top times include 11.9 in the 100, 24.7 in the 200 and

56.4 in the 400...also played soccer, made first-team all league...academically, was on the Senior Board and Ephebians. **Personal:** Born April 4, 1989, in Woodland Hills, Calif...parents are Keith and Letitia Dixon...has one sister...currently a member of Bear SAAC...undeclared major.

SHANNON FORBES

400H-100H

Freshman, Rancho Palos Verdes, Calif.



High School: Garnered 2006-07 Female Athlete of the Year honors at Palos Verdes Peninsula High School...named MVP last year...earned meet records in the 300-meter hurdles at the 2007 South Bay championships and in

the 100-meter hurdles and the long jump at the San Pedro Easter Relays...Bay League champion in the 300-meter hurdles three years in a row from 2005-07, and in the triple jump in 2006...won the triple jump at the CIF Division II final in 2007...placed seventh in the 300-meter hurdles at the 2007 CIF state championships...set four school records (100-meter hurdles - 14.58, 300-meter hurdles - 43.41, triple jump 37-6.50 and 4x100 relay - 48.70)...a member for the San Pedro Easter Relay girls champions from 2005-07, the 2006 Long Beach Relay girls division II team champions and the 2006-07 girls team champions in the South Bay championships...also played soccer and softball. **Personal:** Born April 27, 1989, in Redondo Beach, Calif...parents are Michael and Marney Forbes...has one sister...hopes to work in marine biology and to study marine mammals and behaviors...integrated biology major.

TAYLOR FRANKLIN

Pole Vault

Sophomore, Portola Valley, Calif.

Freshman (2007): Recorded her best mark of the season at the California Collegiate Challenge (11-11.75, 3.65 meters). **High School:** 2006 graduate of Saint Francis High School...took fourth in pole vault in the 2004 California state



meet, ninth in 2005 and seventh in 2006...played one year of varsity soccer, one year of varsity tennis and four years of track and field. **Personal:** Born Feb. 19, 1988, in Palo Alto, Calif....dual citizen of United States and Australia...parents are Greg Franklin and Sue Ann Lowe...art practice major.

CHERRELLE GARRETT

100-200

Freshman, Hayward, Calif.



High School: Comes to Cal with personal bests of 11.44 in the 100 and 23.68 in the 200...came in third in the state championships in the 100 and the 200...while attending Mount Eden High School, was a league champion in the 100, the 200 and the 4x100 relay...competed in last year's Junior Olympics...won the African American Academic Award for most improved GPA. **Personal:** Born May 7, 1989, in Hayward, Calif....parents are Terry Randle and Leander Garrett...hopes to enter a career in law...undeclared major.

CYRENA GIORDANO

Pole Vault

Freshman, Redwood Shores, Calif.



High School: Comes to Cal with a PR of 13-0 at the Pole Vault Summit in Reno, Nev...holds the school record at St. Ignatius High School at 12-6, which is also the fourth highest CCS (Central Coast Section) all-time mark...awards earned while in high school include, the Most Outstanding Field Athlete Award during her senior year, the Most Improved Field Athlete Award as a junior and while a freshman, she won the Most Outstanding Athlete Award...also played goalie in water polo, earning the CCS Game Ball Award in her junior year. **Personal:** Born August 8, 1989, in Mountain View, Calif....parents are Paul and Lynne Giordano, both of which graduated from Cal...has one sister...has been in competitive sports since the age of three, participating in gymnastics, swimming, soccer, basketball, volleyball, dance, flying trapeze and water polo...competed in the preliminary Junior Olympic meets...took third place in an environmental-based poetry contest last year...undeclared major.

ALISON GREGG

1500-5000

Sophomore, Novato, Calif.



Freshman (2007): In the 1500 meters at the Aggie Open, she clocked in with a new PR of 4:41.73. **Cross Country:** In 2007, took fourth (22:38) at the San Francisco State Invitational, and clocked in at 23:14 at the Pac-10 championships...in 2006, Gregg was 10th (18:41.10) in the USF Invitational and eighth (18:55.40) in the Aggie Open...78th (23:14.44) at the Pac-10 championships. **High School:** A 2006 graduate of San Marin High School in Novato, Calif....ran four years of varsity cross country...four-time MCAL (cross country) champion...boasts lifetime bests of 5:00.5 (1600 meters), 11:17 (3200) and 2:20 (800). **Personal:** Born Dec. 17, 1987, in Ridgewood, N.J....parents are Keith and Jenny Gregg...career goal is to become an environmental consultant...undeclared major.

TIFANI GRIMES

Heptathlon

Junior, Sacramento, Calif.



Sophomore (2007): Honorable mention Pac-10 All-Academic selection...in the heptathlon in the Pac-10 Multi-Event championships, finished with 4972 points...in the conference meet, PRed in the 800 meters (2:29.48) and shot put (37-4.5 (11.39m))...in the Aggie Open, notched a time of 14.87 (14.67) at the Aggie Open...also in the Aggie Open, garnered a mark of 116-3 (35.43m) in the javelin...recorded 5-7.75 (1.72m) mark in the high jump at Pac-10s...in the Big Meet, earned a mark of 18-1.50 (5.52m) in the long jump. **Freshman (2006):** Scored a lifetime-best 5034 points in the heptathlon to take seventh at the Pac-10 Multi-Events championships...tallied 3679 points to take eighth in the pentathlon at the MPSF Indoor championships...named MPSF Academic All-Conference...an honorable mention Pac-10 All-Academic selection. **2005:** Redshirted the outdoor season...placed third in the heptathlon at the USATF Junior Nationals. USATF Junior All-American. **High School:** A 2004 graduate of St. Francis High School...a Junior Olympian...2004 indoor pentathlon All-American...2004 San Joaquin Section Athlete of the Year. **Personal:** Born May 28, 1986 in Los Angeles...won the Adidas Forever Sports Championship in Sydney, Australia, in 2000 at age 14 after being selected through an essay contest to compete in a youth pentathlon at the 2000 U.S. Olympic Trials...parents are Peter and Agnes Grimes...father was one of Cal's all-time greats in the hurdles...American studies major.

KRISTIN HOLMES

Heptathlon

Junior, Claremont, Calif.



Sophomore (2007): Earned Cal's second best indoor time in the 200-meter run at the MPSF Indoor championships (25.38), which was also a new personal best. **Freshman (2006):** Ran third leg of Cal's 4x100-meter relay (45.01) at the Hornet Invitational...member of Cal's second fastest all-time 4x400-meter relay team at the Texas Relays. **High School:** A 2005 graduate of Claremont High School...CIF state finalist in the 100 meter and 200 meter...entering Cal, had PRs of 11.88 in the 100, 24.01 in the 200, and 19-7 in the long jump...awarded Most Valuable Sprinter three years in a row, Rookie of the Year her freshman year and Most Valuable Athlete...led her team to the California Southern Division II championships...participant in the Junior Olympics and Junior Nationals...lettered in basketball...named MVP, best defensive and best offensive player...honor roll all four years. **Personal:** Born Sept. 30, 1987, in Fontana, Calif....parents are Arthur Holmes and Rhonda Langford...hopes to become a commercial real estate agent...intended legal studies major.

DANTIA HUDSON

Heptathlon

Freshman, Oakland, Calif.



High School: Won the Iron Woman Award in 2006...named Most Inspirational in 2005 and 2007...100-meter hurdle champion in the Oakland Athletic league from 2004-07 at Skyline High School, also the school record holder in the 100-meter hurdles (14.40)...300-meter hurdle champion from 2004-06...part of the four-time 4x100-meter relay...four-time state meet qualifier...league long jump runner-up in 2006...team was four-time undefeated league champions...personal bests include 18' in the long jump, 45.71 in the 300-meter hurdles, 9.03 in the 60-meter hurdles and 2,934 in the pentathlon...nominated for Most Athletic in 2007...finished high school with a cumulative GPA of 3.90...a member of the California Scholarship Federation. **Personal:** Born March, 11, 1989, in Oakland, Calif....mother is Linda Taylor...has one brother...hobbies include, running, swimming, computers...favorite place to visit is New York, the home of her favorite track meet, the 2007 National Scholastic Indoor championships where she competed in the pentathlon...undeclared major.

HAYLEY HUXTABLE

400-200

Freshman, Santa Cruz, Calif.



High School: Won the 4x100-meter relay, 400 meters, 200 meters and 100 meters at the SCCAL league finals last year, no runner had ever won the 400, 200 and 100 each at that meet before... Scotts Valley High School Athlete

of the Year in 2007... MVP award junior and senior year... three-time state qualifier in the 400 meters... second place in the 400 in the Central Coast Section in 2006... school record holder in the 100 meters (12.3), 200 meters (24.44) and 400 meters (56.03)... also ran cross country for three years, qualifying for CCS her sophomore season. **Personal:** Born Jan. 28, 1989, in Santa Cruz, Calif.... parents are Phil and Jenine Huxtable... has one sister... one of her hobbies is photography... hopes to get into broadcast journalism... undeclared major.

ALYSIA JOHNSON

800-400

Senior, Canyon Country, Calif.



Junior (2007): Captured both the NCAA indoor and outdoor 800-meter titles... her school record 1:59.29 at the NCAA outdoor meet not only set a school record, but was the third fastest in collegiate history... previously

broke the school record in the 800 at the California Collegiate Challenge, posting a time of 2:01.48 to break Louise Romo's 23-year-old mark... secured her indoor 800 title with an indoor school-record time of 2:03.47... also captured the indoor school record in the 400 with a time of 54.48 at the Dan DeHart Invitational... named the Pac-10 Women's Track Athlete of the Year... currently a five-time All-American... also won the 2007 USA Outdoor Championship in the 800 (1:59.47) to qualify for the Pan American Games and the World Championships... a member of Cal's 4x400-meter relay that finished in 18th at the NCAA championships, and the time ranks that quartet (Kandi Bonty, Mackenzie Pierce, Brook Turner and Johnson) third on Cal's all-time list... anchored Cal's third-place 4x400-meter relay (3:36.62) at the NCAA West Regional... ran a regional-qualifying 54.43 to win the 400 at the Brutus Hamilton Invitational... anchored Cal's fastest and regional-qualifying 4x400-meter relay that set a school-record 3:35.46 to win at the California Collegiate Challenge. **Sophomore (2006):** Johnson had a spectacular second season, culminating in a third-place finish and All-America honors in the 800 meters at the NCAA championships in a then lifetime-best time of 2:03.04... she actually set three PRs in the 800

during NCAAAs, running a 2:05.10 when she won the preliminary race and then a 2:04.76 in the semifinal... Johnson set another new PR, and Cal's second-fastest time ever, when she took fourth in the 800 with a time of 2:01.80 at the 2006 USA Outdoor Championships... also last summer, she ran a 2:03.87 to win the 800 at the North American, Central American and Caribbean (NACAC) Under-23 championships in the Dominican Republic... she ran a 2:06.85 to take second place in the 800 at Pac-10 championships... ran on Cal's 4x400-meter relay team that took fourth (3:38.56) at Pac-10s... ran a lifetime-best time of 53.01 in the 400 at the Big Meet... during the indoor season, she earned All-America honors when she took third in the 800 at NCAAAs with a time of 2:06.42... in a prelim heat at NCAAAs, she ran a lifetime-best 2:05.49 to set a new indoor record for Cal... Johnson had previously set Cal's indoor record in the 800 by taking second in 2:05.53 at the MPSF championships. **Freshman (2005):** NCAA All-American in the 800 meters... Johnson had a team-high 400-meter time of 54.08 set at the Big Meet, which placed her eighth on Cal's all-time top 10 list... had the team's second-best 800-meter time of 2:05.49 at the NCAA championships. **Cross Country:** In 2007, competed in the Pac-10 championships and the NCAA West Regional... did not see action in 2006... in the 2005 season, had a season-best time of 18:38.30 at the Aggie Open... finished 76th (24:25) at the 2005 Pac-10 championships... redshirted 2004. **High School:** a 2004 graduate of Canyon High School... the California state champion in the 800... had a PR of 2:08.97 in the 800 when she entered Cal... Santa Clarita Valley Athlete of the Year in 2004... lettered in cross country and soccer. **Personal:** Born April 23, 1986, in Queens, N.Y.... parents are Eric and Yvonne Johnson... theater and performances studies major.

PIPPA MacDONALD

800-1500

Senior, Kailua, Hawaii



Junior (2007): PRed in the 800 meters at the Stanford Invitational (2:11.34). **Sophomore (2006):** Ran a lifetime-best 5:01.33 in the 1500 meters at the Hornet Invitational... clocked a lifetime-best time of 2:11.87 in the 800

meters during indoors at the Husky Classic. **2005:** Redshirted indoor and outdoor season. **Freshman (2004):** Ran a season best of 2:14.21 in the 800 at the Stanford Invitational. **Cross Country:** In 2007, competed in five of the six meets... clocked in at 19:08 and finished in 20th place at the San Francisco Invitational... in 2006, placed 18th (18:57.40) at the USF Invitational... was 80th (23:22.22) at the Pac-10 championships... redshirted the 2005 season... participated in the 2004 Pac-10 championships, finishing 69th (23:11)... finished 67th (25:11.7) at the 2003 Pac-10 championships... finished 130th (23:21) at the 2003 NCAA West Regional. **High School:** At-

tended Punahou High School. **Personal:** Born Aug. 20, 1985, in Honolulu, Hawaii... parents are Duncan MacDonald and Deborah Meye... father ran track for Stanford... has one sister Eri, who ran track for Oregon... psychology major.

MERCEDES MARCHBANKS

Triple Jump-Long Jump

Sophomore, Redwood City, Calif.



Sophomore (2007): Honorable mention Pac-10 All-Academic selection... set new personal bests in the long jump and the triple jump... secured a mark of 18-6.50 (5.65m) in the long jump at the Jim Click

Shootout... notched a 39-6.75 (12.05m) in the triple jump at the Pac-10 championships. **Freshman (2006):** Redshirted indoor and outdoor seasons. **High School:** Graduated from Sequoia High School where she was the 2005 league champion in the long jump and triple jump... team MVP... set the school record in the long jump... owned PRs of 38-7 in the triple jump and 18-7 in the long jump entering Cal... also lettered in basketball and volleyball... in basketball, she was named the team MVP in 2003 and 2005 and was first-team all-league in 2004-05... in volleyball, she led her team to league championships in 2005... San Mateo County Athlete of the Year in 2004-05... International Baccalaureate Certificate student. **Personal:** Born Aug. 24, 1987, in Santa Rosa, Calif.... parents are Ray and Morgan Marchbanks... undeclared major.

INIKA McPHERSON

High Jump

Junior, Port Arthur, Texas



Sophomore (2007): Collected All-America honors during both the indoor and outdoor seasons... earned All-America honors after placing sixth in the women's high jump at the NCAA Outdoor Championships... claimed

fourth place at the USA championships with a leap of 6-00 (1.83 meters)... collected a Cal outdoor season-best 6-00.50 (1.84 meters) when she took second place in the high jump at the NCAA West Regional... that mark ranks her second on Cal's all-time list and stands as her collegiate-best mark... competed at the Pan Am Games, taking 11th (1.78 meters)... she recorded a 6-2 (1.88) before entering Cal... posted a regional-qualifying 5-10.75 (1.80 meters) to win the high jump at the Big Meet... also notched Cal's fifth-best long jump (17-0-.50, 5.19, Jim Click Shootout)... set the school record in the high jump with a 6-0 (1.83) at the NCAA championships, in which she took seventh place and earned All-America honors. **Freshman (2006):** Won the high jump title with a mark of 1.76 meters (5-9.25)

at the MPSF Indoor championships...set the Cal indoor record of 1.80 (5-10.75) in the high jump at the Tyson Invitational...her lifetime-best javelin throw of 36.27 (119-00) at the Bay Area Blast Off ranked her 10th on Cal's all-time list entering 2007. **High School:** A 2005 graduate of Memorial High School...freshman high school-record holder in the high jump and freshman state winner...entering Cal, owned a personal record of 6-2...ranked in the top 10 high school athletes...awarded Texas All-State award...Athlete of the Year in 2005...All-American Verizon in 2004-05...led her high school team to the district championships...earned 5.0 GPA honors...national honor roll...also lettered in basketball, volleyball and cross country. **Personal:** Born Sept. 29, 1986, in Galveston, Texas...mother is Symantha McPherson...hopes to pursue a career in mass communications...undeclared major.

KRISTEN MEISTER

High Jump
Sophomore, Toledo, Ohio



Freshman (2007): Earned All-America honors last year at Davidson, placing 11th at the NCAA Outdoor Championships, which was the highest finish by a freshman...an NCAA indoor provisional qualifier...outdoor/indoor

school record holder, both marks were 1.81 meters...Southern Conference high jump record holder (indoors-1.81 meters, outdoors-1.77 meters)...named the Southern Conference Indoor Freshman of the Year...conference high jump champion in indoors and outdoors...voted Davidson's Most Valuable Field Event Athlete...Outdoor Eastern Regional runner-up...member of the school record-holding 4x100 meter and 4x400-meter relay teams. **High School:** all-state from 2003-06 at Maumee Valley Country Day High School...indoor state champion in 2006 and runner-up in outdoors in 2006 and indoors in 2005...2005 AAU Junior Olympic runner-up...placed fourth in 2004 and fifth in 2005 at the USATF Junior Olympics...took sixth in the 2004 AAU Junior Olympics...Nike indoor All-American in 2005 and 2006...set the district meet record in the 100-meter hurdles in 2006...regional champion in the 100-meter hurdles that same year...team MVP and team captain in 2005 and 2006...named Most Coachable in 2004 and the Outstanding Senior Woman Athlete in 2006...school record holder in the high jump (1.72 meters), 60-meter hurdles (9.13 seconds), 100-meter hurdles (15.02 seconds) and the 300-meter hurdles (47.3 seconds)...conference record holder in the high jump (5'6") and the district record holder (5-5), as well...also played field hockey and basketball...a member of her high school's Honor Society...won the University of Michigan Student-Athlete Award. **Personal:** Born Dec., 28, 1987, in Toledo, Ohio...parents are Marc and Teckla Meister...has one

brother...would like to jump 6-4 and compete in the Olympics and as a professional athlete...trained by Dwight Stones since the beginning of seventh grade...undeclared major.

KATIE MORGAN

Pole Vault
Junior, Tempe, Ariz.



Sophomore (2007): Credited with Cal's best mark of the season on pole vault at the Stanford Invitational 12-2.0. **Sophomore Indoors (2006):** Redshirted the outdoor season...during indoors, notched a mark of 3.60 meters in the pole vault at the Modrall Sperling Invitational. **Freshman (2005):** Her pole vault of 13-00.25 against UNR ranks her second on the Cal all-time top 10 list...set the Cal freshman school record in the pole vault. **High School:** Graduate of Corona del Sol High School, and a high school All-American, was a three-time Arizona state champion in the pole vault...also set Arizona state high school records in the event...placed second in the high jump at the state championships...her PRs entering Cal included 12-10.50 in the pole vault and 5-6 in the high jump...member of the National Honor Society. **Personal:** Born Nov. 18, 1985, in Mesa, Ariz....parents are Peter and Kathy Morgan...American studies major.

SARAH MORRISON

Heptathlon
Freshman, Coronado, Calif.



High School: School-record holder at Coronado High School in the 200 meters, 100 meters, 100-meter hurdles and the 300-meter hurdles...team MVP her junior and senior years...San Diego Division II MVP her senior year...named the Female Athlete of the Year, a member of the *San Diego Union Tribune* all-academic team and the Coronado Optimist Scholarship winner. **Personal:** Born September 14, 1989, in Coronado, Calif....mother is Shannon Player...plays the violin...undeclared major.

CAMEO MOTLEY

Sprints
Sophomore, Hayward, Calif.

Freshman (2007): Member of Cal's top three 4x100-meter relays (46.14 Pac-10 championships, 46.58 Jim Click Shootout, 46.85 Big Meet)...PRed in the 100 meters and the 200 meters...recorded a time of 12.24 in the 100-meter race and a 24.87 in the 200-meter race at the Jim Click Shootout. **High School:** Graduate of Mt. Eden High School...ran varsity track for four



years...part of her school's record-setting 4x100 and sprint-medley relay teams...played one year of varsity volleyball. **Personal:** Born April 6, 1988, in San Mateo, Calif....parents are Nick Motley and Rosemary Newkirk...best sports moment was running in an exhibition race of the 200-meter dash at the 2004 U.S. Olympic Trials...undeclared major.

LOLLIE ONIPEPE

Long Jump, Triple Jump
Sophomore, Berkeley, Calif.



Sophomore (2007): Honorable mention Pac-10 All-Academic selection...member of Cal's top three 4x100-meter relays (46.14 Pac-10 championships, 46.58 Jim Click Shootout, 46.85 Big Meet)...PRed in the long jump and the triple jump...garnered a mark of 18-10 (5.74m) in the long jump at the Hampton Inn & Suites Classic...at the Pac-10 championships, secured a 39-9.25 (12.12m) mark in the triple jump. **Freshman (2006):** During outdoors, ran a season-best 12.20 in the 100-meter dash...clocked in a season-best 25.53 in the Hornet Invitational...formerly a full-time sprinter, began making the transition to the triple jump, recording a career-best 11.57 meters (37-11.50) at the USATF Pacific championships...during indoors, ran a season-best 7.85 in the 60-meter dash at the Arizona-California Challenge...clocked in a season-best 25.79 in the 200 meters at the Husky Classic...on the 4x400-meter relay team that ran a 3:49.25 at the Arizona-California Challenge. **High School:** A 2005 graduate of Holy Names High School...had a PR of 11.91 in the 100 meters when she entered Cal...ranked among the nation's top short sprinters in the 100 and the 60 meters...set 100, 4x400 relay, and 4x100 relay school records. **Personal:** Born on March 4, 1987, in Berkeley, Calif....undeclared major...daughter of Iyabo Bello and Kamni Onipepe, both of whom attended Cal.

MACKENZIE PIERCE

800-1500
Junior, Winston-Salem, N.C.



Sophomore (2007): A member of Cal's 4x400-meter relay that finished in 18th place (3:36.10) at the NCAA championships, and the time ranks that quartet (Kandi Bonty, Pierce, Brook Turner and Alysia Johnson) third on Cal's all-time list...ran the second leg of the 4x400-meter relay (Kandi Bonty, Pierce, Brook Turner and Alysia Johnson) that took third in 3:36.62 at the NCAA West Regional...took sixth place in the 800

at the regional with a 2:07.49...advanced to the semifinals in the 800 at the USA championships...ran a lifetime-best and regional-qualifying 2:04.78 to take fourth in the 800 at the Payton Jordan Invitational...that time ranks her fifth on Cal's all-time list in the 800...ran the second leg of the 4x400-meter relay that set a school-record and regional-qualifying 3:35.46 to win at the California Collegiate Challenge...clocked a provisional-qualifying 2:08.72 in the 800 at the Husky Classic...ran the third leg of the 4x400 relay that set an indoor school record of 3:37.64 and took third at the MPSF championships. **Freshman (2006):** Ran a lifetime-best 4:32.52 1500 meters at the Hornet Invitational...her 2:07.37 made her Cal's second-fastest Bear in the 800 next to Alysia Johnson...ran the second leg of Cal's season-best 4x400-meter relay (3:37.04) at the Texas Relays...during indoors, led off Cal's second-fastest distance medley relay (11:30.10). **Cross Country:** In 2007, only saw action in the Stanford Invitational...in 2006, took 34th (19:32.50) at the USF Invitational...81st 23:25.39) at the Pac-10 championships...in 2005, Pierce had a season-best time of 24:38 at the S.F. State Invitational, in which she finished 19th...was 86th (28:43) at the 2005 Pac-10 championships. **High School:** Graduated from Forsyth Country Day High School, where she set school records in the 100, 200, 400, 500, 800, 1000, mile, 4x200, 4x100, 4x400 and 4x800...high school All-American...posted sixth-fastest time in the nation among U.S. high schoolers...state champion in the 200, 400, 800 and 1600...led her team to North Carolina State Championship in 2001...owned PRs of 26.4 in the 200, 55.01 in the 400, 2:06.67 in the 800 and 4:58 in the mile entering Cal...high school student body president...National Honor Society...Wendy's High School Heisman finalist. **Personal:** Born June 18, 1986, in Winston-Salem, N.C....parents are Doug and Lezlie Pierce...aspires to be tri-lingual in English, French and German...undeclared major.

THERESA RAUB

Pole Vault

Sophomore, Arlington Heights, Ill.



Freshman (2007): Garnered an 11-7.75 (3.55m) on pole vault at the Jim Click Shootout. **High School:** Graduate of Prospect High School...two-time state medalist in the pole vault (2005 - 6th, 2006 - 5th)...personal best

12-0...set school indoor and outdoor record of 11-6...ran four years (3 varsity) of cross country...four-year varsity, all-conference, all-region gymnast...*Chicago Tribune* All-State Scholar Athlete. **Personal:** Born April 4, 1988, in Arlington Heights, Ill....parents are Dave and Judy Raub...competed in cross country and track and field at Grinnell College...brother, Tim, ran cross country and track at CalTech...brother, Chris, ran cross country and track at Claremont-Mudd-Scripps...geography major.

CHELSEA REILLY

1500

Freshman, Davis, Calif.



Cross Country: Led the Bears in three races in 2006...started the campaign with a second-place finish (18:13) at the San Francisco Invitational...paced Cal at the Pac-10 championships, touring the course in 21:02 and taking

28th overall...was the Bears' top runner at the NCAA West Regional, clocking in at 21:32 and placing 44th. **High School:** PRed in the 5K at the 2006 Stanford Invitational (17:48)...two-time Sac Joaquin Division I section champion in the 1600-meter run in 2006 and 2007...came in fourth in the 2007 California state meet...2007 record-setting masters champion...selected to the All-Sacramento Bee first team in 2007...all-metro first-team selection in 2004 and 2005...led Davis Senior High School to four cross country Sac Joaquin section championships, and the 2007 championship in track...led her squad to second place at Arcadia in the 4 x 400-meter relay and second in the 4 X 1 mile...graduated in the top 10 percent of her class...a lifetime member of the California Scholarship Federation...also competed for the Delta Valley League and the Muncicello Empire League. **Personal:** Born May 9, 1989, in San Luis Obispo, Calif....parents are Peter Reilly and Marcia Snodgrass...mother was also a Cal gymnast...has one brother, Max...future plans include attending medical school and studying sports medicine...intended integrative biology major.

GABRIELA RIOS-SOTELO

1500-5000

Sophomore, Berkeley, Calif.



Redshirt Freshman (2007): Did not compete in indoors or outdoors.

Freshman (2006): Redshirted indoors and outdoors. **Cross Country:** In 2007, turned in her best showing of the season at the Pac-10 championships, touring the course in 21:39 and placing

47th overall...also competed at the Stanford Invitational, Pre-NCAA meet and the NCAA West Regional...in 2006, took 75th (22:57.14) at the Pac-10 championships...redshirted the 2005 season. **High School:** A 2005 graduate of St. Mary's High School...owns PRs of 4:53 in the 1600 meters and 10:42 in the 3200 meters...won the 1600 and the 3200 at the 2005 North Coast Section meet...2004 state runner-up in cross country...three-time school MVP in cross country and track and field...named her high school's 2004-05 Athlete of the Year...led her team to three league track and field championships...played two years of varsity soccer. **Personal:** Born on April 8, 1987, in Oakland, Calif....parents

are Jose and Priscilla Sotelo...both parents attended Cal...undeclared major.

EVELYN SMITH

400H-400

Junior, Hayward, Calif.



Sophomore (2007): Honorable mention Pac-10 All-Academic selection...competed on Cal's 4x400-meter relay at the NCAA championships...ran on the 4x400-meter relay that clocked a Cal school-record and regional-qualifying

3:35.46 and beat a heralded field at the California Collegiate Challenge...posted a lifetime-best and regional-qualifying 1:00.40 in the prelim of the 400-meter hurdles at Pac-10s; later took eighth in a regional-qualifying 1:00.56 in the final...ran a lifetime-best 56.74 (2nd) in the 400-meter dash at the Brutus Hamilton Invitational...led off the 4x400 relay that ran an indoor school-record and NCAA provisional-qualifying 3:37.64 (3rd) at the MPSF championships...ran a lifetime-best 25.12 in the 200 at MPSFs. **Freshman (2006):** Outdoors, recorded a lifetime-best 1:01.06 in the 400-meter hurdles at the Payton Jordan Cardinal Invitational and a lifetime-best 57.78 in the 400-meter dash at the Brutus Hamilton Invitational...indoors, ran a 26.38 in the 200 meters and a lifetime-best 1:00.08 in the 400 meters at the Arizona-California Challenge...qualified for USATF Junior Nationals in the 400-meter hurdles. **High School:** A three-time track and field MVP at Hayward High School in 2003, 2004 and 2005...earned Female Athlete of the Year in 2004 and 2005...2002 Top Freshman Award...set the school records in the 300 meters and 100-meter hurdles...member of the second-team all-state team for the 300-meter hurdles at the state meet in 2004. **Personal:** Born Oct. 11, 1987, in Castro Valley, Calif....hopes to become a lawyer...parents are Cessani and Marion Smith...undeclared major.

TRACEY STEWART

Long Jump-Triple Jump

Freshman, Richmond, Calif.



Freshman (2007): Earned Cal's best mark of the campaign in the long jump at the Dan DeHart Invitational (19-0.75, 5.81m)...at the MPSF Indoor championships in the triple jump, recorded a mark of 40-1.25 (12.22m).

High School: A graduate of James Logan High School...her track and field team tied for the 2006 California state championship...took second in the long jump with a lifetime-best 6.03 meters (19-9.75) and second in the triple jump with a mark of 12.69 (41-7.75) at the state meet...brings lifetime-best mark of 41-9 (triple jump) to Cal. **Per-**

sonal: Born March 15, 1988, in Oakland, Calif.... parents are Paul and Karen Stewart... aunt, Pam Crittenden, attended Cal... undeclared major.

VERONICA STIMSON

Pole Vault

Freshman, Fair Oaks, Calif.



High School: Bella Vista High School record holder in the pole vault at 13-0, achieved last year... on her high school's all-time list for high jump (5-6) and hurdles (16.54)... inducted to her high school's Hall of Fame in 2007... competed again

after fracturing her back during her sophomore year and broke her foot at the beginning of her senior year, but still ran track that season. **Personal:** Born Oct. 13, 1989, in Mohrendorf, Germany... parents are Robin and Peggy Stimson... older brother, Eric, attends Cal... spent last summer as an assistant teacher in an autistic summer school program... hobbies include soccer, hiking, swimming and knitting... undeclared major.

ALLISON STOKKE

Pole Vault

Freshman, Newport Beach, Calif.



High School: At Newport Harbor High School, broke the country record in her senior season with a mark of 13-7... also ranked second in California and second in the nation that year with that jump

... during her junior year, made the *Orange County Register* newspaper's "All-County Track Team"... three-time Seaview league champion... first place in the CIF Division II finals with a mark of 13-0... took second place in the CIF state finals (12-9), earning the second-place finish after recovering from a broken leg... as a sophomore, broke the county and meet records and tied the sophomore national record with her jump of 13-4, and a few days later, broke all three of those records with a mark of 13-5.75... took first at the Orange County championships (13-0), and was named Female Athlete of the Meet... selected to *USA Today's* "All-USA Track Team, Girl's Team"... named one of the *Los Angeles Times'* "Top Performers"... achieved the age 15 national record (13-4), the age 16 national record (13-5.75) and the indoor sophomore national record (12-9)... in her freshman year, broke the school record four times... CIF state champion (12-8)... set the freshman national record with a mark of 12-8... named to the *Los Angeles Times'* all-star girl's track team... a verizona junior All-American... won the Newport Harbor High School Academic Excellence Award... NHHS academic letter and pin... made the national honor society and the California Scholarship Federation. **Personal:** Born March 22, 1989,

in Newport Beach, Calif.... parents are Allan and Cindy Stokke... has two brothers... brother, David, graduated from Cal in 1990... participated in competitive gymnastics for 10 years... made the U.S. youth team to compete in the 2005 World Youth Championships, but couldn't compete due to an broken leg.

CASSANDRA STRICKLAND

Triple Jump-Long Jump

Senior, Las Vegas, Nev.



Junior (2007): Honorable mention Pac-10 All-Academic selection... posted a 42-7 (12.98 meters) in the qualifying round of the triple jump at the NCAA championships and placed 17th... recorded a wind-aided 42-

5.50 (12.94 meters) to place fifth in the triple jump at the NCAA West Regional... posted a regional-qualifying 42-8 (13.0) in the triple jump to take second at the Pac-10 championships... also recorded an 18-1.50 (5.52) in the long jump at the Big Meet to tie teammate Lollie Onipede for fifth... took sixth in the triple jump, with a mark of 13.07 meters (42-10.75) to earn All-America honors... notched a lifetime-best triple jump of 43-3.25 (13.19) to win the event at the Dan DeHart Invitational... had a season-best long jump of 18-1.75 (5.53) at the Husky Classic. **Sophomore (2006):** Posted a lifetime-best and Cal's season-best triple jump of 13.05 meters (42-9.75), which was also an NCAA provisional qualifying mark, at the Arizona-California Challenge... notched Cal's second-best high jump of the season with a 1.60 (5-3) at the Arizona-California Challenge... had her season-best best long jump of 5.79 (19-00) at the Husky Classic... selected MPSF academic all-conference... honorable mention Pac-10 All-Academic. **Freshman (2005):** Represented the United States and finished seventh in the triple jump (40-1.50) in the Pan Am Games... USATF Junior National Champion in the triple jump... set the team season-high mark of 42-01.50 at the NCAA championships, in which she placed 17th... placed third in the triple-jump (41-7) at the NCAA West Regional, advancing to the NCAA championships... at the Hornet Invitational, recorded a season-best 19-04.75 (5.91m) in the long jump... posted her season-best high jump (5-05.00) at the Big Meet. **High School:** A 2004 graduate of Foothill High School... two-time Nevada state champion in the triple jump... boasts PRs of 41-8 in the triple jump, 19-5 in the long jump and 5-6 in the high jump... also participated in varsity volleyball and on the varsity dance team... a member of the National Honor Society. **Personal:** Born March 22, 1986, in Las Vegas, Nev.... parents are Gerald and Mildred Strickland... sibling, Gernae, attended San Francisco State University... wants to become a sports attorney... legal studies major.

ROWENA TAM

3000SC

Sophomore, San Diego, Calif.



Freshman (2007):

Garnered Cal's best time of the season in the 3000-meter steeplechase at the Big Meet (11:15.16)... at the Aggie Open in the 800 meters, clocked in at 2:14.73... earned Cal's third best time of the season in the 1500 meters at the Stanford Invitational (4:37.08)... secured a time of 5:01.49 in the mile at the MPSF Indoor championships... at the California Collegiate Challenge, came away with a time of 18:19.35 in the 5000-meter race. **Cross Country:** Took seventh place at the San Francisco State Invitational... clocked in at 19:38 (30th place) at the San Francisco Invitational... finished third among the Bears at the Pac-10 championships (21:43, 48th). **High School:** A 2006 graduate of University City High School... participated in varsity track for four years and varsity cross country for three years... brings lifetime-best times of 5:02 in the 1600 meters and 2:16 in the 800 meters to Cal. **Personal:** Born Sept. 8, 1988, in San Diego, Calif.... parents are Daniel and Tinna Tam... undeclared major.

BROOK TURNER

200-400

Senior, Beachwood, Ohio



Junior (2007): Earned a spot on the U.S. Track and Field and Cross Country Coaches Association Division I All-Academic team... honorable mention Pac-10 All-Academic selection... ran the third leg of the 4x400-meter relay

that posted a time of 3:36.62 for third at the NCAA West Regional... a member of Cal's 4x400-meter relay that finished in 18th (3:36.10) at the NCAA championships, and the time ranks that quartet (Kandi Bonty, Mackenzie Pierce, Turner and Alysia Johnson) third on Cal's all-time list... took fifth in the 400 with a time of 54.32 at the regional... led the Bears in the 400 with a regional-qualifying and lifetime-best 53.64 to take third at the California Collegiate Challenge... led off Cal's school-record 4x400-meter relay that ran a regional-qualifying 3:35.46 to win at the California Collegiate Challenge... ran Cal's fastest 200 with a lifetime-best 24.10 to place fourth at the Jim Click Shootout... ran the second leg of the 4x400 relay that set an indoor school-record 3:37.64 to place third at the MPSF championships... took fifth in the 200 (24.54) at MPSFs... ran a season-best 7.94 in the 60 at the Hampton Inn & Suites Classis. **Sophomore (2006):** Ran a lifetime-best 54.06 in the 400-meter dash to take sixth place at the Pac-10 Outdoor championships... clocked in at 55.69 in the 400 to take seventh at the MPSF

Indoor championships...led off the 4x400-relay that set a Cal indoor-record and NCAA provisional-qualifier 3:39.84 to take third place at the MPSFs...led off the 4x400-relay team that earned a time of 3:37.04 at the Texas Relays...during indoors, ran a lifetime-best 7.93 in the 60 meters and collected a 24.58 in the 200 meters at the Arizona-California Challenge...an MPSF Academic All-Conference pick. **Freshman (2005):** Season cut short by injury...ran a 24.70 in the 200 and a 55.64 in the 400 against UNR...ran the second leg of the team's second-best time in the 4x100 relay (45.45) in the Brutus Hamilton Meet...ran a season-best 200 and 400 during the indoor season. **High School:** A 2004 graduate of The Hawken School...was a two-time 400 Ohio state champion (2002, 2004)...as a sophomore, won four state championships (200, 400, 4x2, 4x4)...set school records in six events...when she came to Cal, boasted PRs of 24.51 in the 200 and 54.32 in the 400...ran cross country. **Personal:** Born June 23, 1986, in Cleveland, Ohio...mother is Judith Turner...brother, Aki Braxton, attended FAMU and played football at West Virginia...film major.

DAISY Van RAVENSWAAY

Shot Put
Senior, Ontario, Canada



Junior (2007): Honorable mention Pac-10 All-Academic selection...recorded a mark of 45-1 (13.74m) in the shot put at the Jim Click Shootout...in the discus at the Jim Click Shootout, notched a 151-2 (46.07m)...at the

Stanford Invitational in the javelin, earned a mark of 137-5 (41.88m). **Sophomore (2006):** Redshirted the indoor season...outdoors, at the NCAA West Regional, notched a career-best 14.93 meters (48-11.75) in the shot put...recorded a lifetime-best 42.74 (140-3) in the javelin to take ninth place at the Pac-10 championships...notched a PR of 43.56 in the hammer and a PR of 44.54 (146-1) in the discus at the Big Meet. **Connecticut:** Set UConn's season-best marks in the shot put (14.24m/46.8), discus (51.46m/168-10) and the javelin (43.74m/143-6) during the 2005 season. **High School:** Graduated from Cayuga Secondary School, where she was awarded MVP all four years...NACAC 2004 Member...also lettered in volleyball. **Personal:** Born May 21, 1984, in Hamilton, Ontario, Canada...parents are George and Dorothea Van Ravenswaay...American studies major.

Cal

FRANCESCA WEEMS

800-400
Junior, Kailua-Kona, Hawaii



Sophomore (2007): Selected to the Pac-10 All-Academic second team...PRed in the 200 meters and the 400 meters...in the 200-meter race at the Jim Click Shootout, recorded a time of 25.18...at the Big Meet in the 400-meter race,

clocked in at 56.62...a member of Cal's 4x400 relay that finished with a time of 3:39.07 at the Pac-10 championships. **Freshman (2006):** Clocking Cal's third-fastest 400-meter dash with a lifetime-best 56.74 at the Big Meet...ran a lifetime-best 25.28 in the 200 meters at the MPSF Indoor championships. **Cross Country:** Saw action at the Stanford Invitational and the San Francisco State Invitational. **High School:** A 2005 graduate of Kealakehe High School...state champion in the 100, 200 and 400 in 2005...state champion in the 200 in 2003...also lettered in cross country and soccer for three years. **Personal:** Born April 6, 1986, in Los Angeles...hopes to become a news anchor or news reporter...daughter of Jacqueline Weems...brother, Marcus, played football for the University of Hawai'i-Manoa...mass communications major.

REBECCA YAU

5000-10,000
Senior, Orinda, Calif.



Junior (2007): In the 1500 meters at the California Collegiate Challenge, clocked in with a new PR of 4:46.48...also PRed in the 10,000 meters at the Stanford Invitational with a time of 35:11.07...earned a time of 10:26.63

in the 3000-meter race at the Jim Click Shootout...in the 5000 meters at the Pac-10 championships, clocked in at 17:41.49. **Sophomore (2006):** During outdoors, ran Cal's best time and a lifetime-best of 35:11.07 in the 10,000 meters at the Stanford Invitational...set a lifetime-best and Cal indoor-record 16:52.66 (fifth place) in the 5,000 and a lifetime-best 9:39.35 (11th) in the 3,000 meters at the MPSF Indoor championships...selected MPSF academic all-conference. **Freshman (2005):** Ran a season-best time in the 5,000 (18:07.52) at the Brutus Hamilton Invitational...clocked her season-best 3,000-meter time of 10:27.90 at the Bay Area Blast Off. **Cross Country:** In 2007, paced the Bears at the Stanford Invitational and the Pre-NCAA meet...claimed eighth place (18:23) at the San Francisco Invitational and 12th place (21:17) at the Stanford Invitational...in 2006, recorded a 22:24.69 (33rd place) at the NCAA West Regional...took 26th place (21:35.57) at the Pac-10 championships...ran the Cal women's top times in the Aggie Open

(18:13.70, 2nd place), Stanford Invitational (21:12, 13th) and Chile Pepper Invitational (21:28.2, 38th)...named MPSF academic all-conference...in 2005, Yau had a season-best time of 18:35 at the Aggie Open, in which she finished fifth...was the Bears' top finisher at the Pac-10 championships, in which she placed 27th with a time of 22:04...finished 41st (21:33.0) at the NCAA West Regional. **High School:** Yau competed at Miramonte High School, where she was the team captain in 2004...awarded Most Inspirational in 2004...set personal records of 5:18 in the 1600 and 11:24 in the 3200...lettered in tennis and cross country...was the tennis team MVP her sophomore, junior and senior years...led her tennis team to CIF Team Championship in 2003...was the cross country team captain in 2004...led her team to Division III State championships in 2004. **Personal:** Born Sept. 30, 1986, in San Francisco...parents are John and Roxana Yau...public health major.

ARTENSIA YOUNG

Long Jump-Triple Jump-Hurdles
Junior, Los Angeles, Calif.



Sophomore (2007): Had Cal's second-best triple jump heading into the regional, with a 40-6.75 (12.36 meters) qualifier she recorded to take ninth at the Pac-10 championships...also posted a 16-6.50 (5.04) in the long jump

at the Brutus Hamilton Invitational and a 1:12.67 in the 400-meter hurdles at the Big Meet...ran on Cal's 4x100-meter relay that ran a 46.85 and took second at the Big Meet...set a lifetime-best with a 41-4.50 (12.61) to take sixth in the triple jump at the Dan DeHart Invitational. **Freshman (outdoors, 2006):** Ran lifetime bests in the 100-meter hurdles (14.04 in the Cal Multi-Events Meet) and 400-meter hurdles (1:05.74, Big Meet) and notched a PR in the high jump of 1.60 meters (5-3, Cal Multi-Events)...recorded a lifetime-best 4915 in the heptathlon at the Cal Multis...honorable mention Pac-10 All-Academic...as a sophomore indoors in 2006, set her 60-meter hurdles lifetime best of 8.96 at the Modrall Sperling Invitational...set PRs in the triple jump (12.53 meters, 41-1.5) and 3614 in the pentathlon at the MPSF Indoor championships...an MPSF academic all-conference selection. **Freshman (indoors, 2005):** Posted Cal's second best mark of the season at the MPSF championships (40-11.50)...in the long jump, set Cal's sixth-best mark of the season with a 17-6 at the Cougar Classic...redshirted the outdoor season. **High School:** Competed at Junipero Serra High School and was a state finalist in the triple jump...set personal records of 40-5 in the triple jump, 19-0 in the long jump and 14.2 in the 100-meter hurdles...played varsity volleyball for one year. **Personal:** Born Jan. 7, 1986, in Los Angeles...parents are Anthony and Sabrina Young...Anthony Young ran hurdles for UCLA and Idaho...social welfare major.

2008 NCAA REGIONAL QUALIFYING STANDARDS

MEN

Event	FAT
100 Meters	10.55
200 Meters	21.35
400 Meters	47.20
800 Meters#	1:50.40
1,500 Meters#	3:47.80
Mile#	4:06.00
3,000-Meter Steeplechase#	9:07.00
5,000 Meters#	14:12.00
10,000 Meters# - Auto	28:45.00
10,000 Meters# - Prov	29:30.00
110-Meter Hurdles	14.30
400-Meter Hurdles	52.51
400-Meter Relay	40.66
440-Yard Relay	40.86
1,600-Meter Relay	3:10.00
Mile Relay	3:11.10

Metric

High Jump	2.10
Pole Vault	5.05
Long Jump	7.34
Triple Jump	15.00
Shot Put	16.80
Discus	51.70
Javelin	61.60
Hammer	56.80
Decathlon - Auto	7,500 points
Decathlon - Prov.	6,900 points

- Altitude adjustment available

WOMEN

Event	FAT
100 Meters	11.75
200 Meters	23.96
400 Meters	54.61
800 Meters#	2:09.80
1500 Meters#	4:27.80
Mile#	4:49.30
3,000-Meter Steeplechase#	10:50.25
5000 Meters#	16:52.00
10,000 Meters# - Auto	33:30.00
10,000 Meters# - Prov	35:00.00
100-Meter Hurdles	13.92
400-Meter Hurdles	1:00.82
400-Meter Relay	45.70
440-Yard Relay	45.90
1,600-Meter Relay	3:42.00
Mile Relay	3:43.30

Metric

High Jump	1.75
Pole Vault	3.85
Long Jump	6.00
Triple Jump	12.32
Shot Put	14.30
Discus	47.30
Javelin	43.45
Hammer	54.15
Heptathlon - Auto	5,500 points
Heptathlon - Prov.	5,050 points

- Altitude adjustment available



TORRENCE BREAKS BOWDEN'S LONGTIME MILE RECORD

David Torrence (left) set the school record in the mile at the California Collegiate Challenge, winning in 3:58.62 to break the almost-50-year-old record held by former Cal great Don Bowden (right).

2007 RESULTS

MPSF INDOOR CHAMPIONSHIPS RESULTS

Feb 23-24, 2007, Dempsey Indoor Facility
(University of Washington), Seattle, Wash.

TEAM SCORES - MEN

1. Washington	109
2. Arizona	88
3. Oregon	86
4. Stanford	79.50
5. Arizona State	79
6. California	64
7. Washington State	63.50
8. Long Beach State	50
9. UCLA	35

TEAM SCORES - WOMEN

1. Arizona State	135
2. Stanford	96
3. California	79
4. Washington	74.50
5. Arizona	73.50
6. Washington State	72
7. Oregon	65.50
8. UCLA	40.50
9. Long Beach State	15
10. UC Irvine	8



Alicia Johnson,
2007 800m Indoor and
800m Outdoor NCAA Champion

NCAA INDOOR CHAMPIONSHIPS RESULTS

March 9-10, Randal Tyson Track Center
(University of Arkansas), Fayetteville, Ark.

CAL'S FINISHERS

Distance Medley Relay	2. David Torrence, Nestor Solis, Francis Gadayan, Kevin Davis	9:33.77
Women's High Jump	7. Inika McPherson	1.83 meters (6-0).
800m	1. Alysia Johnson	2:03.47*
High Jump	6. Ed Wright	2.19m (7-2.25)
Triple Jump	6. Cassandra Strickland	13.07m (42-10.75)
3000-Meter	— Giliat Ghebray	Did not finish

*School Record

Team Finish: Men...68; Women...8

NCAA OUTDOOR CHAMPIONSHIPS RESULTS

June 6-9, Hornet Stadium
(Sacramento State), Sacramento, Calif.

CAL'S FINISHERS

Decathlon	11. Steven Conrad	7,245
Men's High Jump	6. Ed Wright	7-2.50 (2.20m)
Women's High Jump	6. Inika McPherson	5-10.75 (1.80m)
3000m steeplechase	10. Kevin Davis	8:41.54
800m	1. Alysia Johnson	1:59.29*
Discus	1. Kelechi Anyanwu	188-11 (57.58m)
Hammer	6. Carrie Johnson	211-0 (64.32m)

*School Record

Team Finish: Men...T19; Women...15

PACIFIC-10 CONFERENCE CHAMPIONSHIPS RESULTS

May 12-13, 2007, Cobb Track and Angell Field (Stanford University), Stanford, Calif.

TEAM SCORES - MEN

1. Oregon	114
2. Arizona State	111
3. USC	110
4. UCLA	92
5. Arizona	91
6. Washington	89
7. Washington State	84
8. Stanford	72
9. California	56

CAL'S FINISHERS

Discus	11. Kurt Seefeld	179-11 (54.85m)
	13. Craig Kent	179-9 (54.19m)
	14. John Ludden	174-7 (53.21m)
Pole Vault	10. Ryan Shuler	16-0.75 (4.90m)
110mH	4. Thomas Mack	13.94
	8. Jordan Paul	14.24
Long Jump	11. Steven Conrad	22-2.50(6.77m)
4x100m Relay	8. Cal	42.15
5000m	15. Mark Matusak	14:46.37
	18. Giliat Ghebray	14:48.82
	25. Yosef Ghebray	15:13.25
	Chris Chavez	DNF
400mH	9. Jake Hanson	53.53
High Jump	1. Ed Wright	7-3 (2.21m)
800m	3. Francis Gadayan	1:50.10
	5. David Torrence	1:50.76
	9. Andres Perezchica	1:52.53
4x400m Relay	9. Cal	3:19.65
3000mSC	2. Kevin Davis	8:40.52
	9. Steve Sodaro	9:04.41
	11. Matt Miller	9:06.29
Javelin	5. Jonas Hallgrimsson	207-3 (63.18m)
	10. Steven Conrad	174-0 (53.03m)
1500m	2. David Torrence	3:47.05
	6. Mark Matusak	3:48.60
	10. Michael Coe	3:50.20
Shot Put	16. Craig Kent	53-10.50 (16.42m)
Hammer	5. John Ludden	205-1 (62.52m)
Triple Jump	11. Jonas Hallgrimsson	45-8.50 (13.93m)

TEAM SCORES - WOMEN

1. Arizona	158
2. Stanford	134.33
3. UCLA	118.50
4. USC	113
5. Washington State	67.83
6. Arizona	62
7. Oregon	61
8. California	54.33
9. Washington	49

CAL'S FINISHERS

Heptathlon	7. Tifani Grimes	4,972
Hammer	4. Carrie Johnson	207-6 (63.24m)
3000mSC	18. Rowena Tam	11:22.56
400m	8. Evelyn Smith	1:00.56
100mh	9. Kimyon Broom	14.41
Long Jump	15. Lollie Onipede	17-9.50 (5.42m)
Discus	2. Emilee Strot	181-4 (55.28m)
	3. Kelechi Anyanwu	176-4 (53.76m)
	12. Missy Faubus	147-4 (44.90m)
	13. Daisy Van Ravenswaay	144-5 (44.01)
Javelin	7. Emilee Strot	143-3 (43.67m)
	12. Daisy Van Ravenswaay	127-11(39.00m)
High Jump	8t. Inika McPherson	5-7 (1.70m)
	16t. Tifani Grimes	5-5 (1.65m)
5000m	16. Rebecca Yau	17:41.49
	18. Elizabeth Mayeda	17:46.02
	23. Bridget Duffy	17:55.90
	Rowena Tam	DNF
Triple Jump	2. Casandra Strickland	42-8 (13.00m)
	9. Artensia Young	40-6 (12.36m)
	12. Lollie Onipede	39-9 (12.12m)
	13. Mercedes Marchbanks	39-6 (12.05m)
4x100m Relay	7. Cal	46.14
800m	1. Alysia Johnson	2:01.74
	Mackenzie Pierce	DNF
4x400m Relay	6. Cal	3:39.07
Shot Put	5. Missy Faubus	49-3.75 (15.03m)
	7. Kelechi Anyanwu	48-10.75 (14.90m)
	9. Emilee Strot	47-11.25 (14.61m)
400mH	8. Evelyn Smith	1:00.56
200m	8. Kandi Booty	24.36

* School record

MEN'S 2007 BEST PERFORMANCES

EVENT (NCAA REGIONAL/SCHOOL RECORD)

Athlete (Personal Best) Meet Season Best PR

60M (6.62/6.74)

Steven Conrad	Roger Cox Multis	7.05 (A)	6.91
Brandon Hampton	Husky Classic	7.07	7.07
Jordan Paul	Husky Classic	7.30	7.30
Justin Forsett	Hampton Inn & Suites Classic	7.31	7.22
Jonas Hallgrímsson	Roger Cox Multis	7.71 (A)	7.53

100M (10.50)

Thomas Mack	California Collegiate Challenge (Big Meet)	10.87 (10.57w)	10.87
Jake Hanson	Big Meet	10.70w	NT
Steven Conrad	Pac-10 Multi Events (Big Meet)	11.07 (10.73w)	11.07
Alex Beitashour	California Collegiate Challenge (Big Meet)	11.11 (10.97w)	10.94
Jordan Paul	California Collegiate Challenge	11.17	11.17
Jonathan Suddaby	Jim Click Shootout	11.37	11.37
Ameer Ellaboudy	California Collegiate Challenge	11.46	11.46
Jonas Hallgrímsson	Cal Multi-Events Meet	12.04	11.83

200M (21.19)

Thomas Mack	Big Meet	21.62	21.62
Jake Hanson	Big Meet	21.68	21.68
Alex Beitashour	Big Meet	22.25	22.25
Nestor Solis	Husky Classic	22.38i	22.16
Steven Conrad	Aggie Open	22.40	21.35
Jordan Paul	MPSF Indoor Championships	22.52i	22.47
Jonathan Suddaby	Brutus Hamilton Invitational	22.57	22.03

400M (47.20/46.9)

Nestor Solis	Husky Classic	48.12i	47.57
Steven Conrad	NCAA Championships (decathlon)	48.64	48.64
Jonathan Suddaby	California Collegiate Challenge	49.29	47.79
Alex Beitashour	Husky Classic	50.58i	49.34

800M (1:50.40/1:50.1)

Francis Gadayan	NCAA West Regional	1:49.78*	1:49.78
David Torrence	Pac-10 Championships	1:49.87*	1:49.87
Sean Carey	MPSF Indoor Championships	1:50.21*	1:50.21
Andres Perezchica	Pac-10 Championships	1:51.19	1:50.20
Michael Coe	Brutus Hamilton Invitational	1:51.75	1:51.75
Mark Matusak	Payton Jordan Cardinal Invite	1:52.56	1:52.56
Kevin Davis	Husky Classic	1:53.90i	1:53.90
Eric Lee	Aggie Open	1:54.02	1:52.23

MILE (4:03.75/4:03.5)

David Torrence	California Collegiate Challenge	3:58.62**	3:58.62
Kevin Davis	California Collegiate Challenge	4:01.39*	4:01.39
Michael Coe	California Collegiate Challenge	4:04.29	4:04.29
Matt Miller	Brutus Hamilton Invitational	4:10.49	4:10.49
Eric Lee	Brutus Hamilton Invitational	4:10.54	4:10.54
Mark Matusak	California Collegiate Challenge	4:10.94	4:05.24
Chris Chavez	Brutus Hamilton Invitational	4:11.42	4:11.42
Francis Gadayan	Brutus Hamilton Invitational	4:13.72	4:13.72
Dawit Tesfasilassie	Brutus Hamilton Invitational	4:16.55	4:16.55
Sean Carey	Brutus Hamilton Invitational	4:20.48	4:20.48

1,500M (3:47.80/3:47.5)

David Torrence	USA Championships	3:40.80*	3:40.80
Kevin Davis	Payton Jordan Cardinal Invite	3:45.51*	3:45.51
Mark Matusak	Jim Click Shootout	3:46.20*	3:45.04
Michael Coe	NCAA West Regional	3:46.26*	3:46.26
Eric Lee	California Collegiate Challenge	3:49.58	3:49.58
Francis Gadayan	Jim Click Shootout	3:51.38	3:51.38
Yusef Ghebray	Jim Click Shootout	3:51.61	3:51.61
Matt Miller	Aggie Open	3:59.85	3:55.66
Chris Chavez	California Collegiate Challenge	3:59.88	3:57.36
Dawit Tesfasilassie	Big Meet	4:04.20	3:56.92
Sean Carey	Aggie Open	4:04.39	4:04.39

3000M (N/A / N/A)

Giliat Ghebray	MPSF Indoor Championships	7:56.51*i	7:56.51
Yusef Ghebray	Big Meet	8:05.25*	8:05.25
David Torrence	Big Meet	8:16.63	8:16.63
Kevin Davis	Dan DeHart Invitational	8:19.79ai	8:07.89
Michael Coe	Jim Click Shootout	8:22.01	8:22.01
Mark Matusak	Big Meet	8:23.16	8:06.18
Chris Chavez	Big Meet	8:39.01	8:14.66

3,000M STEEPLECHASE (9:07.00/9:06.7)

Kevin Davis	USA Championships	8:35.37**	8:35.37
Steve Sodaro	Pac-10 Championships	9:04.41*	9:04.41
Matt Miller	Pac-10 Championships	9:06.29*	9:06.29
Micah Parker	California Collegiate Challenge	9:29.61	9:24.03
Peter Deptula	California Collegiate Challenge	10:02.43	10:02.43

5000M (14:12.00/14:11.7)

Giliat Ghebray	Payton Jordan Cardinal Invite	13:42.16*	13:42.16
David Torrence	Stanford Invitational	13:59.65*	13:59.65
Yusef Ghebray	Stanford Invitational	14:03.86*	14:03.86
Mark Matusak	Stanford Invitational	14:16.28	14:16.28
Chris Chavez	Stanford Invitational	14:27.57	14:27.57
Steve Sodaro	MPSF Indoor Championships	14:39.27i	14:39.27

10,000M (28:45.00 auto./29:30.00 prov.)

n/a

60M HURDLES (7.70/7.91)

Thomas Mack	MPSF Indoor Championships	7.96^	7.96
Craig Gallimore	Husky Classic	8.16	8.16
Jordan Paul	MPSF Indoor Championships	8.24	8.18

110M HURDLES (14.30)

Thomas Mack	NCAA Championships	13.74*	13.74
Jordan Paul	California Collegiate Challenge	14.10*	14.10
Craig Gallimore	Pac-10 Championships	14.30*	14.17

400M HURDLES (52.51/52.2)

Jake Hanson	NCAA West Regional	51.84*	51.76
Craig Gallimore	Big Meet	53.97	53.97
Jordan Paul	Big Meet	56.54	56.54

4X100M RELAY (40.66/40.4)

Thomas Mack, Jake Hanson,	Big Meet	41.34
Jonathan Suddaby, Steven Conrad		
Alex Beitashour, Jake Hanson,	Pac-10 Championships	42.15
J.P. Suddaby, Steven Conrad		

4X400M RELAY (3:10.00/3:09.7)

Nestor Solis, Jonathan Suddaby,	MPSF Indoor Championships	3:14.52i
Jake Hanson, Francis Gadayan		
Steven Conrad, Andres Perezchica,	Brutus Hamilton Invitational	3:16.42
Sean Carey, Francis Gadayan		
Craig Gallimore, Andres Perezchica,	Big Meet	3:16.68
Jake Hanson, Francis Gadayan		
Jonathan Suddaby, Jake Hanson,	Jim Click Shootout	3:17.00
Craig Gallimore, Francis Gadayan		

DISTANCE MEDLEY RELAY (meters: 9:36.20/9:47.90)

Torrence, Solis, Gadayan, Davis	NCAA Indoor Championships	9:33.77i
G. Ghebray, Solis, Gadayan, Davis	MPSF Indoor Championships	9:34.99*

HIGH JUMP (2.10)

Ed Wright	NCAA West Regional	7-3.25 (2.22m)*	7-3.25 (2.22m)
Steven Conrad	Cal Multi-Events Meet	6-5.5 (1.97m)	6-5.5 (1.97m)

LONG JUMP (7.34)

Steven Conrad	California Collegiate Challenge	23-6 (7.16m)	24-2.25 (7.37m)
Jonas Hallgrímsson	Roger Cox Multis	21-8 (6.60m)i	23-0.5 (7.03m)
Kyle Mills-Bunje	Roger Cox Multis	21-5 (6.54m)i	21-5.5 (6.54m)

TRIPLE JUMP (15.00)

Jonas Hallgrímsson	Pac-10 Championships	45-8.50 (13.93m)	48-0 (14.63m)
	(Big Meet)	48-1.75 (14.67m)	
Charles Amadi	Husky Classic	47-10 (14.58m)i	47-10 (14.58m)

SHOT PUT (16.80)

Craig Kent	Dan DeHart Invitational	55-5.75 (16.91m)i	58-2 (17.73m)
John Ludden	MPSF Indoor Championships	54-5.50 (16.60m)i	54-5.50 (16.60m)
Kurt Seefeld	Big Meet	50-8 (15.44m)	50-8 (15.44m)

DISCUS (51.70)

Kurt Seefeld	Pac-10 Championships	179-11 (54.85m)*	179-11 (54.85m)
Craig Kent	Pac-10 Championships	177-9 (54.19m)*	177-9 (54.19m)
John Ludden	Pac-10 Championships	174-7 (53.21m)*	174-7 (53.21m)

WEIGHT THROW

John Ludden	Husky Classic	18.03m (59-2)	18.03m (59-2)
Zak Thomas	MPSF Indoor Championships	16.93m (55-6.50)	17.32m (56-10)

HAMMER (55.60)

John Ludden	California Collegiate Challenge	206-0 (62.79m)*	206-0 (62.79m)
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JAVELIN (61.60)

Jonas Hallgrímsson	California Collegiate Challenge	210-1 (64.03m)*	216-5 (65.96m)
Steven Conrad	NCAA Championships	180-8 (55.08m)	180-8 (55.08m)
Craig Kent	Big Meet	166-9 (50.84m)	175-9 (53.56m)

POLE VAULT (5.05)

Ryan Shuler	UCSD Triton Invitational	17-0.75 (5.20m)*	17-4 (5.285m)
Andrew Stevens	California Collegiate Challenge	15-7 (4.75m)	15-7 (4.75m)
Grigore Key	Brutus Hamilton Invitational	14-9.0 (4.50m)	14-9.0 (4.50m)

DECATHLON (7,500 AUTO./6,900 PROV.)

Steven Conrad	NCAA Championships	7,245*	7,245
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HEPTATHLON (5650/5300)

Steven Conrad	Roger Cox Multis	5,259	5,259
Jonas Hallgrímsson	MPSF Indoor Championships	4,860	5,437

Times/marks outdoors unless otherwise noted

* NCAA Regional Qualifier

% Freshman Record

^ Outdoor School Record

i Indoors

a altitude adjustment

WOMEN'S 2007 BEST PERFORMANCES

EVENT (NCAA REGIONAL/SCHOOL RECORD)

Athlete (Personal Best) Meet Season Best PR

60M (7.27/7.44)

Angie Pressey	Husky Classic	7.62	7.56
Cameo Motley	MPSF Indoor Championships	7.80	7.80
Kandi Bonty	Husky Classic	7.82	7.77
Kristin Holmes	Dan DeHart Invitational	7.92 (A)	7.92
Brook Turner	Hampton Inn & Suites Classic	7.94	7.94
Kimyon Broom	Dan DeHart Invitational	8.01 (A)	8.01

100M (11.75)

Kimyon Broom	Big Meet	12.20	12.20
Cameo Motley	Jim Click Shootout	12.24	12.24

200M (23.96)

Brook Turner	Jim Click Shootout	24.10	24.10
Kandi Bonty	Pac-10 Championships	24.31	24.31
Cameo Motley	Jim Click Shootout (Big Meet)	24.87 (24.80w)	24.87
Evelyn Smith	MPSF Indoor Championships	25.12i	25.12
Francesca Weems	Jim Click Shootout	25.18	25.18
Kristin Holmes	MPSF Indoor Championships	25.38i	25.38

400M (54.61)

Brook Turner	California Collegiate Challenge	53.64*	53.64
Alysia Johnson	Brutus Hamilton Invitational	54.43*	53.01
Kandi Bonty	Big Meet	55.86	55.86
Francesca Weems	Big Meet	56.62	56.62
Evelyn Smith	Brutus Hamilton Invitational	56.74	56.74

800M (2:09.80/2:09.50)

Alysia Johnson	NCAA Championships	1:59.29**	1:59.29
Mackenzie Pierce	Payton Jordan Cardinal Invite	2:04.78*	2:04.78
Pippa MacDonald	Stanford Invitational	2:11.34	2:11.34
Rowena Tam	Aggie Open	2:14.73	2:14.73
Bridget Duffy	Jim Click Shootout	2:18.07	2:08.75

1500M (4:27.80/4:27.50)

Mackenzie Pierce	Brutus Hamilton Invitational	4:27.88	4:27.88
Bridget Duffy	Big Meet	4:34.79	4:22.55
Rowena Tam	Stanford Invitational	4:37.08	4:37.08
Elizabeth Mayeda	California Collegiate Challenge	4:40.19	4:38.54
Allison Greggor	Aggie Open	4:41.73	4:41.73
Rebecca Yau	California Collegiate Challenge	4:46.48	4:46.48

MILE (4:49.60/4:49.30)

Bridget Duffy	MPSF Championships	4:55.58i	4:49.04
Rowena Tam	MPSF Indoor Championships	5:01.49i	5:01.49

3000M

Elizabeth Mayeda	Big Meet	10:00.42	10:00.42
Bridget Duffy	Husky Classic	9:55.52i	9:39.26
Rebecca Yau	Jim Click Shootout	10:26.63	9:39.35

3000MSC (10:50.25/10:50.00)

Rowena Tam	Big Meet	11:15.16	11:15.16
Rebecca Palm	Big Meet	11:42.03	11:42.03

5000M (16:52.00/16:51.70)

Bridget Duffy	Stanford Invitational	17:16.67	16:48.36
Elizabeth Mayeda	Stanford Invitational	17:26.23	17:26.23
Rebecca Yau	Pac-10 Championships	17:41.49	16:52.66
Rebecca Palm	Stanford Invitational	18:09.56	18:09.56
Rowena Tam	California Collegiate Challenge	18:19.35	18:19.35

10,000M (33:30.00 auto/35:00.00 prov)

Rebecca Yau	Stanford Invitational	35:11.07	35:11.07
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60M HURDLES (8.15/8.43)

Kimyon Broom	Husky Classic	8.50	8.50
Tifani Grimes	Dan DeHart Invitational	9.08	9.08

100M HURDLES (13.92)

Kimyon Broom	California Collegiate Challenge (Pac-10s)	13.77* (13.74w)	13.74
Tifani Grimes	Aggie Open (Big Meet)	14.87 (14.67w)	14.33
Artensia Young	Big Meet	14.88w	14.04

400M HURDLES (1:00.82/1:00.50)

Evelyn Smith	Pac-10 Championships	1:00.40*	1:00.40
Katie Cartwright	Pac-10 Championships	1:04.94	1:04.94
Artensia Young	Big Meet	1:12.67	1:05.74

4 X 100M RELAY (45.70/45.40)

Kimyon Broom, Kandi Bonty	Pac-10 Championships	46.14
Lollie Onipede, Cameo Motley		
Kimyon Broom, Kandi Bonty	Jim Click Shootout	46.58
Lollie Onipede, Cameo Motley		
Kimyon Broom, Kandi Bonty	Big Meet	46.85
Cameo Motley, Artensia Young		

4X400M RELAY (3:42.00/3:41.70)

Brook Turner, Mackenzie Pierce	California Collegiate Challenge	3:35.46**
Evelyn Smith, Alysia Johnson		
Brook Turner, Mackenzie Pierce	NCAA Championships	3:36.10*
Evelyn Smith, Kandi Bonty		
Kandi Bonty, Mackenzie Pierce	NCAA West Regional	3:36.62*
Evelyn Smith, Alysia Johnson		
Evelyn Smith, Brooke Turner	MPSF Indoor Championships	3:37.64*
Mackenzie Pierce, Alysia Johnson		

DISTANCE MEDLEY RELAY (meters: 11:11.00/11:32.00)

Rowena Tam, Francesca Weems	MPSF Indoor Championships	11:48.20
Alysia Johnson, Bridget Duffy		

HIGH JUMP (1.75)

Inika McPherson	NCAA West Regional	6-0.50 (1.84m)*	6-2 (1.88m)
Tifani Grimes	Pac-10 Multi Events	5-7.75 (1.72m)	5-8 (1.73m)

LONG JUMP (6.00)

Tracey Stewart	Dan DeHart Invitational	19-0.75 (5.81m)j	19-0.75 (5.81m)
Mercedes Marchbanks	Jim Click Shootout	18-6.50 (5.65m)	18-6.50 (5.65m)
Lollie Onipede	Hampton Inn & Suites Classic	18-10 (5.74m)j	18-10 (5.74m)
Tifani Grimes	Big Meet	18-1.50 (5.52m)	18-5.75 (5.63m)
Cassandra Strickland	Husky Classic	18-1.75 (5.53m)j	19-4.75 (5.91m)
Artensia Young	Husky Classic	17-7.50 (5.37m)j	18-11.75 (5.78m)
Angie Pressey	Husky Classic	17-6 1/4 (5.34m)	5.94m (19-6)

TRIPLE JUMP (12.32)

Cassandra Strickland	Dan DeHart Invitational	43-3.25 (13.19m)j	43-3.25 (13.19m)
Artensia Young	Dan DeHart Invitational	41-4.50 (12.61m)j	41-4.50 (12.61m)
Tracey Stewart	MPSF Indoor Championships	40-1.25 (12.22m)j	41-9 (12.73m)
Lollie Onipede	Pac-10 Championships	39-9.25 (12.12m)	39-9.25 (12.12m)
Mercedes Marchbanks	Pac-10 Championships	39-6.75 (12.05m)	39-6.75 (12.05m)

POLE VAULT (3.80M)

Katie Morgan	Stanford Invitational	12-2.0 (3.71m)	13-0.25 (3.97m)
Taylor Franklin	California Collegiate Challenge	11-11.75 (3.65m)	12-6 (3.81m)
Theresa Raub	Jim Click Shootout	11-7.75 (3.55m)	12-0 (3.66m)
Kerry Boyle	Brutus Hamilton Invitational	10-08 (3.25)	10-08 (3.25)

SHOT PUT (14.30)

Kelechi Anyanwu	Big Meet	50-7.50 (15.43m)*	50-7.50 (15.43m)
Emilee Strot	Stanford Invitational	49-11.25 (15.22m)*	49-11.25 (15.22m)
Missy Faubus	Jim Click Shootout	49-9.75 (15.18m)*	53-0.75 (16.17m)
Daisy Van Ravenswaay	Jim Click Shootout	45-1 (13.74m)	48-11.75 (14.93m)
Carrie Johnson	Big Meet	41-7.25 (12.68m)	42-0.75 (12.82m)

DISCUS (47.30)

Kelechi Anyanwu	NCAA Championships	188-11 (57.58m)**	188-11 (57.58m)
Emilee Strot	Pac-10 Championships	181-4 (55.28m)*	181-4 (55.28m)
Missy Faubus	Stanford Invitational	164-9 (50.22m)*	171-6 (51.58m)
Daisy Van Ravenswaay	Jim Click Shootout	151-2 (46.07m)	155-6 (47.39m)
Carrie Johnson	Big Meet	145-9 (44.43m)	146-1 (44.52m)

HAMMER (54.15)

Carrie Johnson	Stanford Invitational	211-5 (64.43m)*	211-5 (63.43m)
Missy Faubus	Jim Click Shootout	159-6 (48.61m)	159-6 (48.61m)

JAVELIN (43.45)

Emilee Strot	Pac-10 Championships	143-3 (43.67m)*	152-10 (46.59m)
Daisy Van Ravenswaay	Stanford Invitational	137-5 (41.88m)	140-3 (42.74m)
Tifani Grimes	Aggie Open	116-3 (35.43m)	122-11 (37.47m)

WEIGHT THROW (21.00/19.00)

Daisy Van Ravenswaay	MPSF Indoor Championships	15.47m (50-9 1/4)	15.47m (50-9 1/4)
Emilee Strot	MPSF Indoor Championships	14.86m (48-9)	14.86m (48-9)
Missy Faubus	Hampton Inn & Suites Classic	14.84m (48-8 1/4)	15.01m (49-03)

PENTATHLON (4050/3700)

Tifani Grimes	MPSF Indoor Championships	3,657	3,754
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HEPTATHLON (5,500 AUTO/5,000 PROV)

Tifani Grimes	Pac-10 Multi-Event Championships	4,972	5,034
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Times/marks outdoors unless otherwise noted

* NCAA Regional Qualifier

\$ Indoor School Record

% Freshman Record

^ Outdoor School Record

i Indoors

a Altitude Adjusted

w Winded Aided

CAL OUTDOOR RECORDS

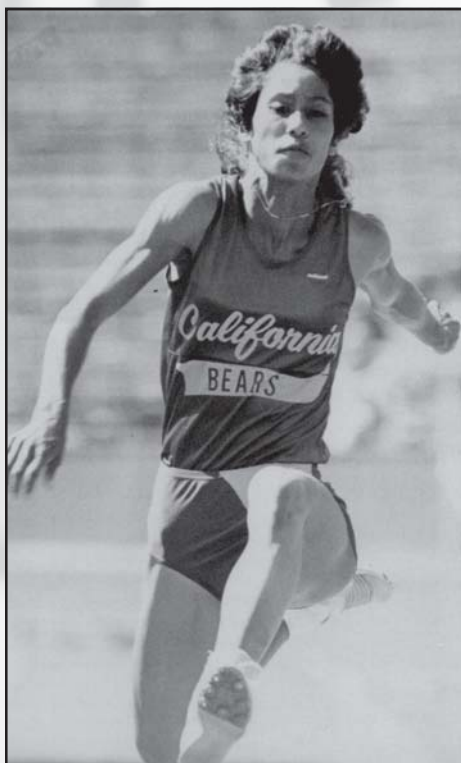

Bevan Hart

CAL MEN'S RECORDS

Event	Mark	Athlete	Site	Year
100 Meters	10.18a	Atlee Mahorn	Provo, Utah	1990
200 Meters	20.20	Atlee Mahorn	Eugene, OR, NCAA Championships	1988
400 Meters	45.46	Peter Howard	Arizona, Pac-10 Championships	1985
800 Meters	1:45.4	Rick Brown	Eugene, OR, Final Olympic Trials	1972
Mile	3:58.62	David Torrence	Berkeley, CA, Calif. Coll. Challenge	2007
1500 Meters	3:39.9	Andy Clifford	ASU, Pac-10 Championships	1979
3000 Meter SC	8:35.37	Kevin Davis	Indianapolis, IN, USATF Championships	2007
5000 Meters	13:31.8	Bolota Asmerom	Mt. SAC Relays	2001
10,000 Meters	29:17.7	Girmay Guangul	Stanford Invitational	2003
110m H	13.39	Larry Cowling	Provo, Utah, NCAA Championships	1982
400m IH	48.46	Larry Cowling	Provo, Utah, NCAA Championships	1982
400m Relay	39.14	Strickland, Burns, Nichols, Walker	Provo, Utah, NCAA Championships	1975
1600m Relay	3:03.9	Wallace, Walker, Mosley, Robinson	Philadelphia, PA, NCAA Championships	1976
High Jump	7-5.75	Jeff Rogers	Kauhajoki, Finland	1990
Pole Vault	18-8.25	Brent Burns	Austin, TX, NCAA Championships	1992
Long Jump	26-6.25	Curtis Rogers	Fresno Relays	1990
Triple Jump	55-0	Ken Williams	Arizona, Pac-10 Championships	1985
Shot Put	66-3	Dave Porath	Stanford, Pac-10 Championships	1981
Discus	210-11	Ramon Jimenez-Gaona	Oregon, Pac-10 Championships	1992
Hammer	229-0	Jari Matinolli	Stanford Relays	1986
Javelin (new)	236-0	Paul Teinert	Sacramento, CA, NCAA Championships	2006
Javelin (old)	267-4	Bruce Kennedy	Berkeley, CA, Kennedy Games	1973
Decathlon	8007	Chris Huffins	New Orleans, NCAA Championships	1993

CAL WOMEN'S RECORDS

Event	Mark	Athlete	Site	Year
100 Meters	11.33	Antonette Carter	Provo, UT, NCAA West Regionals	2006
200 Meters	22.72a	Antonette Carter	Sacramento, CA, NCAA Championships	2006
400 Meters	52.53	Latasha Gilliam	UCLA, Pac-10 Championships	1996
800 Meters	1:59.29	Alysia Johnson	Sacramento, CA, NCAA Championships	2007
1500 Meters	4:09.23	Louise Romo	Los Angeles, CA, Final Olympic Trials	1984
3000 Meters	9:21.42	Marilyn Davis	Berkeley, CA, Triangular Meet	1986
3000 Meters SC	10:22.38	Marielle Schlueter	Berkeley, CA, Big Meet	2002
5000 Meters	15:46.8	Kirsten O'Hara	Austin, TX, NCAA Championships	1985
10,000 Meters	32:40.76	Kirsten O'Hara	Indianapolis, IN, TAC Championships	1985
100mH	13.43	Osarhiemen Omwanghe	Berkeley, CA, Big Meet	2004
400mH	57.61	Helga Halldorsdottir	Oregon State, NorPac Championships	1986
400m Relay	44.28	Omwanghe, T. Johnson, Hawes, Carter	Arizona, Pac-10 Championships	2004
1600m Relay	3:35.46	Turner, Pierce, E. Smith, A. Johnson	Berkeley, CA, Calif. Coll. Challenge	2007
High Jump	6-0.75	Beth Vidakovits	Stanford, Pac-10 Championships	1989
Pole Vault	13-2.5	Maria Lopez	Stanford, Big Meet	2001
Long Jump	22-1	Sheila Hudson	Durham, NC, NCAA Championships	1990
Triple Jump	46-0.75	Sheila Hudson	Durham, NC, NCAA Championships	1990
Shot Put	54-4.75	Kristin Heaston	Arizona State, Pac-10 Championships	1999
Discus	188-11	Kelechi Anyanwu	Sacramento CA, NCAA Championships	2007
Hammer	214-0	Jennifer Joyce	Berkeley, CA, Big Meet	2002
Javelin (new)	152-10	Emilee Strot	Sacramento, CA, NCAA Championships	2006
Javelin (old)	170-7	Kristen Engle	College Station, TX, AIAW	1982
Heptathlon	5624	Ifeoma Ozoeze	Arizona, Pac-10 Championships	1995


Sheila Hudson